

## **REQUIREMENTS FOR ADMISSION TO ATHLETIC TRAINING MAJOR/ATHLETIC TRAINING EDUCATION PROGRAM**

All students entering the athletic training program directly from high school and all students transferring to Athletic Training are subject to the admission procedures and standards of the University. Admission to The University of Southern Mississippi does not insure progression to the upper division Athletic Training Education Program courses. The Athletic Training Education Program at The University of Southern Mississippi is an accredited program under the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Students having completed HPR 219, CSC 100, CHS 101, PSY 110, BSC 250/250L, BSC 251/251L, NFS 362, and HPR 309 may make application to the Athletic/Training Major/Athletic Training program for progression to the upper division coursework in the Athletic Training Major and admission to the program. Application window for admission to the Athletic Training Major/Athletic Training Education Program begins March 1 with all requirements for admission completed by June 1 each academic year. Application forms may be obtained from the Director of Athletic Training Education. In addition to filing an application, the following minimum requirements must be met for consideration for admission to the Athletic Training Major/Athletic Training program:

1. 2.80 overall GPA,
2. A minimum of "B" in HPR 219, CSC 100, BSC 250/ 250L, BSC 251/ 251L, CHS 101, HPR 309, NFS 362, and PSY 110,
3. Observation and evaluation by Clinical Instructors (100 hours of supervised observation by a NATABOC certified athletic trainer),
4. Completed physical examination by physician/nurse practitioner, TB skin test (chest x-ray if positive), current tetanus immunization and verification of Hepatitis B vaccination or option are all required.

### **CLINICAL EXPERIENCE**

Students must successfully complete four clinicals and one senior field experience. In each of the clinicals, the student must complete clinical competencies and proficiencies consistent with those identified in the *Athletic Training Educational Competencies* (ed 3). The clinical proficiencies serve two purposes: (a) defining the common set of skills that entry-level athletic trainers should possess and, (b) define the expectations of and outcomes-based clinical education. Since some state licensure requirements involve the documentation of supervised clinical hours under a NATABOC/State Licensed Athletic Trainer, the student will accumulate a minimum of 1125 hours of clinical experience.

### **ATHLETIC TRAINING COURSE PROGRESSION FOR STUDENTS ENTERING AS FRESHMAN**

Freshmen must complete Pre-Athletic Training requirements during their freshman/sophomore years for consideration for admission to the Athletic Training Program in their junior year. These requirements include: **Completion of BSC 250/250L & BSC 251/251L, CHS 101, CSC 100, PSY 110, NFS 362, HPR 309, and HPR 219 with a grade of "B" or better and an overall grade point average of 2.80 by the end of the observation semester.**



## ATHLETIC TRAINING COURSE PROGRESSION FOR STUDENTS TRANSFERRING FROM COMMUNITY/JUNIOR COLLEGES

Students transferring from Community/Junior Colleges or other Universities must meet all Pre-Professional Phase requirements prior to admission to the Professional Phase of the Athletic Training Education Program. These requirements include: **Completion of the following courses or their Community/Junior College equivalent.**

### **Pre-Professional Phase Requirements**

#### **General Education Core Requirements**

English Comp 1, English Comp 2	6 hours
English (World) Literature	3 hours
Sociology	3 hours
History (West Civilization I & II)	6 hours
Humanities (Art, Theater, Dance, or Music Appreciation)	3 hours
College Algebra	3 hours
Human Anatomy & Physiology I & II	8 hours
General Psychology	3 hours
Senior Capstone: HPR 479 (completed during last semester)	<u>3 hours</u>

**38 hrs**

#### **Program Specific Pre-requisites (Student must have a grade of "B" or higher in the following courses)**

General Psychology	3 hours
Health (Personal Wellness)	3 hours
Care/Prevention Athletic Injuries*	3 hours
Human Anatomy & Physiology I & II	8 hours
First Aid/CPR	2 hours
Nutrition	3 hours
Computer (Data Entry/Spread Sheet)	<u>3 hours</u>

*NOTE: Some AT pre-requisites may overlap with General Education requirements.*

**25 hrs**

\*Must be taught by NATABOC Certified Athletic Trainer and include 100 hours of documented supervised athletic training observations.

Courses	Southern Miss Equivalent	Community/Junior College Description of Courses for Transfer
Care & Prevention of Athletic Injuries (plus 100 hours observational/experiences under a NATABOC certified athletic trainer)	HPR 219	HPR 2443
Anatomy/Physiology I	BSC 250/250L,	BIO 2514/2511
Anatomy /Physiology II	BSC 251/251L	BIO 2524/2521
Nutrition (3 credit hours)	NFS 362	no direct equiv given, dept discretion
First Aid/CPR (with certification card)	HPR 309	no direct equiv given, dept discretion
Personal Health or Personal Wellness	CHS 101	HPR 1213
General Psychology	PSY 110	PSY 1513
Computer (Data entry/spread sheet)	CSC 100	CSC 1113

**All courses must be completed with a grade of "B" or better and an overall grade point average of 2.80 by the end of the spring semester of sophomore year.**

## **Junior College Transfer Sheet for Athletic Training**

### **Entry into Southern Miss Athletic Training Major/Athletic Training Education Program:**

Students should contact the program director of the athletic training education program in the fall semester of the year prior to transferring to Southern Miss. Request for applications to the Professional Phase of the Athletic Training Education Program must be completed and mailed by April 1. Students will be notified in June of admission to program. Please Note- Additional semesters may be needed to;

- (a) Lighten load of sequenced semesters of classes, or
- (b) Completion of minimum hours required for degree, or
- (c) Completion of pre-requisites/GPA needed for formal entry into the Professional Phase of the Athletic Training Education Program, or
- (d) Additional course work in a related teacher education program, or
- (e) Additional course work in a related health science profession (pre-physical therapy or other health occupation pre-professional field).

### **Requirements for entry in to the Professional Phase of the Athletic Training Education Program:**

1. 2.80 GPA
2. Letter grade of "B" or higher in Athletic Training Program Specific Pre-requisites
3. 100 hours of supervised clinical experiences under a NATABOC Certified Athletic Trainer
4. Completed physical examination by physician/nurse practitioner, TB skin test (Chest x-ray if positive), current tetanus immunization and verification of Hepatitis B vaccination or option are all required.

### **Pre-Athletic Training Education Program requirements prior to admission to upper level Athletic Training course work.**

Transfer students who have not completed pre-requisites prior to enrollment at Southern Miss, must complete coursework and admission requirements prior to application. This may include additional semesters to complete pre-requisites. Students will not be admitted to the Professional Phase of the program unless **ALL** requirements and pre-requisites are met.

### **Course Progression of Athletic Training Education Program-Transfer Student**

Transfer students who enroll at Southern Miss with all the necessary pre-requisites, and successfully complete the admission process by June 1, can be formally admitted to the Professional Phase of the Athletic Training Education Program to begin coursework in the second summer session of year admitted into program.

## ATHLETIC TRAINING MAJOR/ATHLETIC TRAINING EDUCATION PROGRAM COURSES

The following coursework comprises the last four semesters a community/junior college student would need to graduate from the Athletic Training Education Program. Students are required to achieve a "B" or higher in this course work **or repeat the course(s)**. Pre-Professional Phase courses and program specific pre-requisites that match USM course descriptions may be transferred from a junior/community college (see previous pages).

### Athletic Training Education Program Course Progression: TRANSFER STUDENT

<ul style="list-style-type: none"> <li>• <b>Application is due by April 1</b></li> <li>• <b>Supporting materials due by June 1</b></li> <li>• <b>Decision notices sent out first week of June</b></li> </ul>	<p><b>Junior Year- Second Summer Session</b>  <b>-MUST be formally admitted to AT major</b>  <b>-Beginning of <i>Professional Phase</i></b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">HPR 371/371L</td> <td style="text-align: right;">4 hrs</td> </tr> <tr> <td>HPR 354L</td> <td style="text-align: right;">3 hrs</td> </tr> <tr> <td>HPR 218</td> <td style="text-align: right;">1 hr</td> </tr> <tr> <td></td> <td style="text-align: right; border-top: 1px solid black;">8 hrs</td> </tr> </table>	HPR 371/371L	4 hrs	HPR 354L	3 hrs	HPR 218	1 hr		8 hrs																
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<p><b>Professional Phase of program is 67 credit hours.</b></p>	<p><b>USM and the Athletic Training Education Program require a minimum of 128 credit hours to graduate.</b></p>																								

## ATHLETIC TRAINING COURSE WORK

The following course work comprises the required courses that make up the Athletic Training Major Core. Students are required to achieve a “B” or higher in this course work or repeat the course(s). Pre-Professional Phase courses and program specific pre-requisites that match Southern Miss course descriptions may be transferred from a junior/community college.

**I. Pre-Professional Athletic Training Courses. Students need not be admitted formally to the Professional Phase in order to take these courses. All courses with an asterisk (\*) are pre-requisites to gaining admission to the AT Program. Students are required to achieve a “B” or higher in this course work or repeat the course(s). Students must understand that all prerequisites must be met before advancement to the Professional Phase of Athletic Training Education Courses.**

*PSY 110	General Psychology
*CHS 101	Personal Wellness/Health
*HPR 219	Introduction to Athletic Training**
*BSC 250/250 L	Human Anatomy & Physiology I
*BSC 251/251 L	Human Anatomy & Physiology II
*HPR 309	First Aid/CPR
*NFS 362	Nutrition
*CSC 100	Intro to Computers

\*\* Must be taught by NATABOC certified athletic trainer and include 100 hours of documented supervised athletic training observations.

**II. Professional Phase Athletic Training Education Courses. Students MUST be formally admitted to the Professional Phase in order to progress in the Athletic Training curriculum. Students are required to achieve a “B” or higher in this course work or repeat the course(s).**

HPR 218	Athletic Training Terminology
HPR 274	Taping & Wrapping of Athletic Injuries
HPR 301/301 L	Kinesiology w/Lab
PSY 360	Introduction to Statistics for the Behavioral Sciences
HPR 308/308 L	Exercise Physiology w/Lab
HPR 371/371L	Injury Care & Prevention for Athletic Trainers
HPR 423	Biomechanics
HPR 470	Development of Strength/Conditioning Programs
HPR 319	Organization & Administration of Athletic Training
HPR 354L	Athletic Training Clinical I
HPR 355L	Athletic Training Clinical II
HPR 372/372 L	Athletic Therapy Modalities w/Lab
HPR 374/374L	Evaluation of Athletic Injuries I w/Lab
HPR 375/375L	Evaluation of Athletic Injuries II w/Lab
HPR 378/378 L	Rehabilitation of Sports Injuries w/Lab
HPR 454L	Athletic Training Clinical III
HPR 455L	Athletic Training Clinical IV
HPR 472L	Laboratory/Field Experience in Athletic Training
HPR 475	Medical Aspects of Athletic Training
HPR 479	Seminar in Sports Medicine
NSG 467	Pharmacotherapeutics in Health Care