

The University Counseling Center
The University of Southern Mississippi
A Service of the Division of Student Affairs

Gambling

The success of the gaming industry on the Mississippi Gulf Coast has brought considerable economic growth to the southern part of the state. This growth, however, has come at a price. For some people gambling becomes more than a form of entertainment. If you or someone you know develops problems with gambling behavior they may need professional help. If you are a USM student, faculty or staff member you can receive help at the University Counseling Center. If you think you may have a problem take the following personal gambling assessment.

THE SOUTH OAKS GAMBLING SCREENING

1. Please indicate which of the following types of gambling you have done in the past. For each type, mark one answer: “not at all,” “yes, in the past,” or “yes, in the last 6 months.”

	Not at all	Yes, in life	Yes, time in last 6 months	
A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played cards for money
B	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bet on horses, dogs, or other animals (in off-track betting, at the track, or with a bookie)
C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bet on sports (parlay cards, with a bookie, or at jai alai)
D	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played dice games (including craps, over and under, or other dice games) for money
E	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gambled at a Mississippi casino
F	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played the numbers or bet on lotteies
G	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played bingo
H	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played the stock and/or commodities market
I	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Played slot machines, poker machines or other gambling machines
J	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bowled, shot pool, played golf, or played some other game of skill for money

2. What is the largest amount of money you have ever gambled with on anyone day?

- | | |
|---|--|
| <input type="checkbox"/> Never have gambled | <input type="checkbox"/> More than \$100 up to \$1000 |
| <input type="checkbox"/> More than \$1 up to \$100 | <input type="checkbox"/> More than \$1000 up to \$10,000 |
| <input type="checkbox"/> More that \$10 up to \$100 | <input type="checkbox"/> More than \$10,000 |

3. Do (did) your parents have a gambling problem?

- Both my father and mother gamble (or gambled) too much
- My father gambles (or gambled) too much
- My mother gambles (or gambled) too much
- Neither one gambles (or gambled) too much

4. When you gamble, how often do you go back another day to win back money you lost?

- Never
- Some of the time (less than half the time) I lost
- Most of the time I lost
- Every time I lost

5. Have you ever claimed to be winning money gambling but weren't really?In fact, you lost.

- Never (or never gamble)
- Yes, less than half the time I lost
- Yes, most of the time I lost

6. Do you feel you have ever had a problem with gambling?

- No
- Yes, in the past, but not now
- Yes

7. Did you ever gamble more than you intended to?

- Yes
- No

8. Have many people criticized your gambling?

- Yes
- No

9. Have you ever felt guilty about the way you gamble or what happens when you gamble?

- Yes
- No

10. Have you ever felt like you would like to stop gambling but didn't think you could?

- Yes
- No

11. Have you ever hidden betting slips, lottery tickets, gambling money, or other signs of gambling from your spouse, children, or other important people in your life?

Yes

No

12. Have you ever argued with people you live with over how you handle money?

Yes

No

13. (If you answered yes to question 12): Have money arguments ever centered on your gambling?

Yes

No

14. Have you ever borrowed from someone and not paid them back as a result of your gambling?

Yes

No

15. Have you ever lost time from work (or school) due to gambling?

Yes

No

16. If you borrowed money to gamble or to pay gambling debts, who or where did you borrow from? (Check “yes” or “no” for each)

	Yes	No
a. From household money	<input type="checkbox"/>	<input type="checkbox"/>
b. From your spouse	<input type="checkbox"/>	<input type="checkbox"/>
c. From other relatives or in-laws	<input type="checkbox"/>	<input type="checkbox"/>
d. From banks, loan companies, or credit unions	<input type="checkbox"/>	<input type="checkbox"/>
e. From credit cards	<input type="checkbox"/>	<input type="checkbox"/>
f. From loan sharks (Shylocks	<input type="checkbox"/>	<input type="checkbox"/>
g. You cashed in stocks, bonds, or other securities	<input type="checkbox"/>	<input type="checkbox"/>
h. You sold personal or family property	<input type="checkbox"/>	<input type="checkbox"/>
i. You borrowed on your checking account (passed bad checks)	<input type="checkbox"/>	<input type="checkbox"/>
j. You have (had) a credit line with a bookie	<input type="checkbox"/>	<input type="checkbox"/>
k. You have (had) a credit line with a casino	<input type="checkbox"/>	<input type="checkbox"/>

SCORING

Scores on the South Oaks Gambling Screen itself are determined by adding up the number of questions that show an “at risk” response:

- Question 1, 2, and 3 are not counted.**
- Question 4: most of the time I lost, or every time I lost**
- Question 5: yes, less than half the time I lost, or yes, most of the time**
- Question 6: in the past, but not now, or yes**
- Question 7: yes**
- Question 8: yes**
- Question 9: yes**
- Question 10: yes**
- Question 11: yes**
- Question 12 is not counted.**

- Question 13: yes**
 - Question 14: yes**
 - Question 15: yes**
 - Question 16a: yes**
 - Question 16b: yes**
 - Question 16c: yes**
 - Question 16d: yes**
 - Question 16e: yes**
 - Question 16f: yes**
 - Question 16g: yes**
 - Question 16h: yes**
 - Question 16i: yes**
- Questions 16j and 16k are not counted.**

Total = _____
(20 questions are counted)

5 or more = probable pathological gambler

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If you answered yes to at least five of these questions you may have a gambling problem. If you think you or someone you know has a gambling problem, you may choose to call the Counseling Center for help or for more information. If you call the Counseling Center, ask for Toni Anderson. Ms. Anderson has received extensive training in helping people with gambling problems. Other resources for help include:

PINE GROVE RECOVERY CENTER
(601) 288-2273 or 1-800-821-7399

MISSISSIPPI COUNCIL ON COMPULSIVE GAMBLING
1-888-777-9696
TOLL FREE HELP LINE

University Counseling Center
200 Kennard Washington Hall
Box 5075, Hattiesburg, MS 39406
Telephone: (601) 266-4829
FAX: (601) 266-5146

After Hours: Emergency service is provided by dialing (601) 266-4911 and asking for the counselor on call.