

Institute for Disability Studies
ShareCare Notes on New Resources
November 22, 2005

ShareCare Meetings: "Preserving Your Memories Through Photography" Nov. 29, 5:30 p.m. and Nov. 30, 10:00 a.m., Westminster Presbyterian Church, Hattiesburg.

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- 1) Help with Part D Dual Eligibility for Medicaid and Medicare

If you are dually eligible and need help understanding Part D, you can see an analysis of all the issues relating to people who are dually eligible for Medicaid and Medicare at www.thedesk.info/partd. You should visit this site BEFORE visit www.medicare.gov to choose or change your drug plan. Another site to visit first is <http://hpi.georgetown.edu/rxchanges.html>.

- 2) "Project Recovery" Provides Assistance to Those Affected by Katrina

"Project Recovery" is a program of the Mississippi Department of Mental Health that provides assistance to people in coping with the stress caused by Hurricane Katrina. The project, which is funded by a grant from the Department of Homeland Security's Federal Emergency Management Agency (FEMA) and is facilitated with the Substance Abuse and Mental Health Services Administration (SAMHSA), provides crisis counseling services to anyone affected directly or indirectly by Hurricane Katrina. Those seeking assistance should contact the helpline which is accessible 24 hours a day, seven days a week by calling 1-866-856-3227. For more information on the project please visit the Mississippi Department of Mental Health Web site at <http://www.dmh.state.ms.us>

- 3) Flood Insurance Checks to be Released

If you have been wondering about your check for flood damages, there may be some good news for you. Many checks have been held up because of lack of federal flood insurance funds. On Monday, Nov. 21, 2005, the President signed into law the "National Flood Insurance Program Further Enhanced Borrowing Authority Act of 2005", which temporarily increases the Federal Emergency Management Agency's borrowing authority for carrying out the National Flood Insurance Program.

<http://www.whitehouse.gov/news/releases/2005/11/20051121-5.html>

4) Singing for the Brain

Sing along...just in case. The Alzheimer's Daily News recently ran a story about the usefulness of singing for patients with AD. The data are anecdotal, but it sounds like a fun intervention to us! We also know of at least one local caregiver who has discovered this technique on her own. Let us know if it works for your loved one. To read more visit <http://news.bbc.co.uk/1/hi/health/4448634.stm>.