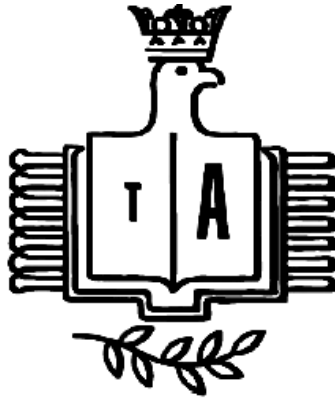


# The Abbey



The University of Southern Mississippi

An Owner's Manual for Students and Families

Spring 2009

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Dr. Douglas P. Mackaman  
Director and Professor  
The University of Southern Mississippi  
[Douglas.Mackaman@usm.edu](mailto:Douglas.Mackaman@usm.edu)  
601.266.4344

The Abbey Program  
1, Place du Collège  
Pontlevoy 41400  
FRANCE

Welcome to The Abbey!

Together with everyone in The University of Southern Mississippi Office of International Programs, I want to welcome you to what we believe will be the greatest semester of your life. You have shown a commitment to yourself, your family and the world around you by choosing to invest 13 weeks in The Abbey and its European neighborhood. For a thousand years, Pontlevoy and The Abbey have welcomed young people from all over Europe to live and learn in this spectacular place. You are here from the United States to do what all of those other students did in the past. You will learn. You will grow. You will change.

To make your semester everything it should be, the program staff and I would like you to make careful preparations for your time at The Abbey. We recommend you to read this booklet carefully and contact us when you have questions.

Nothing about The Abbey as a place or an experience is going to be much like what you live with at your home university. The venue is an historic monument, first of all, which means that its facilities and physical plant are vastly different in almost every way imaginable from what you know at home. Everything that brings comfort and ease to your life inside The Abbey must pass through walls and a physical infrastructure that in some cases had an installation date prior to Columbus coming to the Americas. Please be patient and understanding with these different conditions. They are part of what will make your time in Europe so distinct from life back at your home university.

In the same way, it is critical to understand that The Abbey is a study-abroad program and not in any way a completely transplanted U.S. university. Our administrative staff is small. There will be times when you might long for the systematic efficiency of your home because things will be done more slowly and on an individual basis by The Abbey administration.

You will do well to remember that

- 1) You are ultimately responsible for the true quality of your own life
- 2) Abbey staffers will help to facilitate student needs as they also seek to encourage independence and growth
- 3) Facilities, classrooms, taxicabs and everything else associated with the ancient rhythms of The Abbey and its small town can be frustrating one day and charming the next (and who makes the call on any given day as to whether these elements of life are charming or vexing?)

**One final point of some importance: Please open all snail mail from us and attend to it immediately. You will also receive periodic communications from us via our listserv, which will have the e-mail address [springabbey@usm.edu](mailto:springabbey@usm.edu). The information we send to your e-mail from this list will help you a great deal in readying for The Abbey.**

You are planning and preparing. All of us who work at The Abbey are doing the same. In very short order, we will all be together in France.

Then, the journey begins.

Congratulations,

Dr. Douglas Mackaman

## CALENDAR - SPRING 2009

Friday, Nov. 30, 2008	Final payment due to Southern Miss
Friday, Feb. 13, 2009	Students depart U.S. for Paris
Saturday, Feb. 14, 2009	Students arrive in Paris
Sunday, Feb. 15 - Wednesday, February 18, 2009	Orientation Week
Monday, Feb. 16, 2009	Classes begin
Sunday, March 22, 2009	Group departure for Paris Week
Saturday, March 28, 2009	Travel break begins
Saturday, April 11, 2009	Return to Abbey from travel break
Saturday, May 9 - Sunday, May 10, 2009	Abbey weekend
Tuesday, May 5, 2009	Final day of classes
Wednesday, May 6, 2009	No classes - prepare for exams
Thursday, May 7 - Saturday, May 9, 2009	Final exams
Saturday, May 9, 2009	Final Abbey soirée
Sunday, May 10, 2009	Prepare for departure
Monday, May 11, 2009	Group departure from Abbey to Charles de Gaulle airport (Try to arrange a flight that does not leave Paris until after 10:30 a.m. in order to have sufficient time to arrive at the airport and check in.)

## **Part 1: Completing your Application, Registration and Financial Preparations**

Before you arrive at The Abbey, you need to be responsible and diligent in managing the various administrative issues upon which your semester in Europe depends. The information in this guide will help to ensure that you complete all procedures and other preparations to go to The Abbey.

### **Billing procedures**

- Spring program deadline to pay all fees, less the \$200 deposit: Nov. 30
- If you are a financial aid recipient, document your award amounts and good standing with a letter from your university and the lending institution in advance of the deadline to pay all fees. You may then be allowed to pay program fees upon receipt of your financial aid package, whenever this date falls.
- Questions? Call 601.266.5009 and speak with Melissa Ravencraft.

You will be billed the balance due of the program cost in advance of spring deadlines to pay fees. Checks should be made payable to “The Abbey” and mailed to

The University of Southern Mississippi  
The Abbey Program  
118 College Drive #10047  
Hattiesburg, MS 39406-0001

### **Financial aid**

You should apply for financial aid through the school in which you are currently enrolled and from which you are seeking a degree. Be sure to ask your school’s Abbey Program contact (found at the back of this booklet) if there is anyone in particular you need to see in your financial aid office that deals with international programs.

### **Predeparture reminders**

In advance of your departure for France, please talk to a study-abroad or academic adviser at your home institution to ensure that while you are away you will be able to

- Maintain full-time student status
- Register for the semester following your return from The Abbey
- Make housing arrangements for the semester following your return from The Abbey

### **Passport and Visa**

A valid passport is required for entry into France. Your passport is a valuable document. It is your primary source of identification abroad, particularly when cashing traveler’s checks, registering in hotels and traveling across borders. You may apply for your passport in a federal or state court of record or in a designated U.S. post office. If you do

not already have a passport, you should apply for one immediately. For online information and passport application materials, visit [www.state.gov/passport](http://www.state.gov/passport)

A student visa is not required for The Abbey Program unless you intend to extend the length of your stay in France beyond the dates of The Abbey Program to exceed a total of 90 days. Inform the coordinator of the program if you intend to do so and request information about applying for a student visa.

### **International Student ID Card**

You are **required** to purchase the International Student Identity Card (ISIC). A copy of the application form will be included in your pre-departure packet. Please follow all instructions on the form in order to receive your ISIC. Also, applications may be found in the credit-abroad office at Southern Miss, as well as at most of the universities affiliated with The Abbey Program. ISIC shows internationally recognized proof of student status and entitles holders to a number of discounts. In addition, some hospitalization, accident insurance and repatriation are provided to cardholders for the duration of foreign travel.

### **Student insurance**

Universities affiliated with The Abbey Program do not provide insurance coverage to foreign-study participants. The release from liability form, which you must sign, clearly identifies acceptance of any risks that you may incur and your liability for those risks. Universities affiliated with The Abbey Program strongly recommend that you review your personal insurance coverage with a qualified insurance agent who can recommend if additional coverage is advantageous. This review should assess the need for coverage related to possible hospitalization for illness, accident benefit, accidental death, air travel life, emergency evacuation and repatriation.

For a nominal fee, you may acquire study-abroad health insurance through a variety of international organizations. Most of these charge you around \$30 a month for coverage, including emergency medical treatment, ambulance service, emergency international travel for a parent or guardian to tend to you, and emergency evacuation for medical or other reasons. Some universities affiliated with The Abbey Program REQUIRE their students to have study-abroad insurance of this type. You should consult with your study-abroad office to learn about requirements. To apply online for this insurance, please visit [www.hthstudents.com/voluntary.cfm](http://www.hthstudents.com/voluntary.cfm).

### **International students attending American universities**

International students participating in this program should contact your university's international student adviser to ensure that all necessary paperwork is taken care of before departing the U.S. Be sure to find out if your I-20 needs to be signed before leaving the country. You will also need to contact your home country's consulate to find out what the particular entry requirements for France are for your nationality.

## Withdrawal from program

Except in cases of academic ineligibility, deposits are nonrefundable. Fees, exclusive of deposit, are refundable if written notification is received prior to the due date of the balance of the fees for the program. Send cancellation notice to

The University of Southern Mississippi  
The Abbey Program  
118 College Drive #10047  
Hattiesburg, MS 39406-0001

## **Part: 2: Planning Your Travel to The Abbey**

Part of the excitement of going to Europe stems from planning and anticipating the journey, the information below is designed to help you plan.

### Purchasing your international plane ticket

- Book air travel as early as possible to ensure the most favorable rates.
- Contact Magnolia Travel for sample fares: 800.718.8817 or 601.264.6691, [www.magnoliatravelagency.com](http://www.magnoliatravelagency.com) (*specify that you are an Abbey student*). You are not obliged to make travel plans through Magnolia Travel.
- Once you have made your flight arrangements, send a copy of your itinerary to The University of Southern Mississippi - The Abbey Program (address above).
- Make international travel arrangements that coincide with The Abbey calendar.

You will arrive in France at Paris' Charles de Gaulle Airport on the Saturday before the term begins. Those of you who intend to arrive earlier or stay longer must make your own housing and transportation arrangements. Round-trip airfare will likely cost you between \$700-1,200, depending on pricing structures and availability when ticketing is done. Consult with a travel agent to find the best pricing, or visit the following Web sites for additional information:

[www.statravel.com/flights](http://www.statravel.com/flights)  
[www.studentuniverse.com/fly/](http://www.studentuniverse.com/fly/)  
[www.travelocity.com](http://www.travelocity.com)  
[www.sidestep.com](http://www.sidestep.com)

The day of your departure, check that you have your plane ticket or your e-ticket itinerary in an easy-to-reach pocket along with your passport. You will need to produce both the passport and the ticket countless times during your trip, so have them safely and conveniently packed.

- Arrive at the airport three hours in advance of your departure.
- Never joke about security issues and never leave your bags unattended.

### Packing your clothes

While at The Abbey, you will be in classes with other American students and dress is informal. Bring a mix of casual and dress clothing. You are required to dress appropriately for each scheduled academic event.

Seasoned travelers carry small suitcases. Why? If you are over-packed and burdened with too much luggage, then you experience a not-so-small misery. Your room at The Abbey does not allow you sufficient storage space to move in all of your clothes. Without fail, past students report that they have over-packed. Save yourself the hassle of having too many things and try to keep it light and simple instead. International flights usually allow two bags to be checked and one carry-on. Recently, the weight limit for international flights was reduced from 70 pounds to 50 pounds. This is a significant difference and you will be fined heavily for having excess baggage weight. Check with individual airlines for further weight restrictions and estimated check-in times.

Students tend to favor combining a roll-behind suitcase with a backpack. Consider packing at least one empty duffel bag inside your suitcase. You may need this for laundry at The Abbey or to carry items home that you purchase in Europe. To get the most out of what you do pack, remember these tips:

- Lay out all of the clothing you would like to bring two weeks before your departure, arranged in piles of matching sets and outfits.
- Look over those piles every day and remove clothes you seldom wear and cannot mix and match.
- Get rid of anything delicate or easily ruined by a drop of pizza sauce.
- Add as much black as you can find: T-shirts, turtlenecks, sweaters (It never looks dirty).
- Get some very cozy and warm things in your pile for lounging around in at The Abbey and for comfort on city and rural hikes when the weather is foul. (The weather can be foul; you will be glad you brought things to help you fight it.)
- You need a jacket to keep you warm and dry through the rainy days.
- Bring walking shoes you love, you will wear them out.
- Try out your luggage packed with everything you plan to bring, and make sure you are able to carry it **by yourself**.

Be practical about jewelry. Don't bring flashy, expensive or irreplaceable items of sentimental value.

### What else to bring?

- A small towel or two, no large beach towels unless it is your only one. You'll be surprised how much space they take up.
- A digital camera or the best camera you can get
- Pictures of your family or loved ones
- Other souvenirs of home to show your French friends and to teach people about your life in the United States
- CDs or Mp3 files to share
- A journal to write down all of your experiences
- Your favorite DVD

Electricity in France is 220 volts AC. *American appliances require an adapter and a converter.* Most students have found that these are expensive and sometimes useless with such items as stereos, hair dryers, curlers and alarm clock radios. You are generally better off buying small electrical appliances in France, so save yourself the packing room and plan on going in with friends to buy a hairdryer or straightener to share in France.

Sheets, a comforter, a pillow and a pillowcase are provided for each student (most are down material - if you are allergic please let us know). Washers and dryers are available at The Abbey. Laundry detergent may be purchased in local grocery stores.

### Laptops

For those of you bringing your laptops to France, here is some information to consider.

Before you leave, check the box on your laptop's power supply and make sure that it handles an INPUT of 100V to 240V and 50/60 Hz. If it does, and most do, this means your power supply is capable of switching between U.S. electricity and European electricity. Now all you need is an adapter that changes the plug from a standard U.S. plug to a French-style plug. They are inexpensive and can be found easily. See picture below.



If your power adapter does not handle an input higher than 120V, you will need to purchase an inverter. In this case, contact your laptop manufacturer for further details.

Some kits are available that will allow you to plug your laptop into the armrest of the airplane instead of relying solely on your battery. This option is good for watching DVDs on your laptop while flying. These types of converters cost between \$100 and \$140 in the U.S. and do not work on all airlines. Many airlines only offer this special plug on the armrests of their business or first-class customers, so be sure to call the airlines before making this purchase.

The Abbey is currently equipped with 802.11b wireless access points throughout the main building and the gardens. Wireless access points allow you to access the Internet remotely from your laptop, assuming your laptop has a wireless card. Some of the newer laptops have this wireless card built in, but most of you will have to purchase a card to access this feature. The cards are normally between \$45 and \$75 in the U.S. and are called "802.11b wireless notebook adapters" (see picture below). An 802.11g card is a newer and faster card that is fully functional on this system; however, it will only run at the slower speed of the currently installed 802.11b routers. Once you arrive, check with the office staff for codes that will allow you to connect to this network.



Please note that use of Web sites that allow downloading of music is banned at The Abbey. These types of sites reduce the network speed and make The Abbey susceptible to hackers. If the server detects a service like this running, it may deny your computer from further access to the Internet until the issue has been resolved. If you have Kazaa, Napster, Limewire, Bearshare or any similar program loaded, please disable it before connecting to the network.

### **Arriving at Charles de Gaulle (CDG) Airport in Paris**

Before you depart, call your airline and verify into which of the two CDG Paris airports you are arriving. Most flights from the United States come into CDG Paris 1, which is the older of the two terminals. The only difference between the two airports for you is a matter of convenience. When you are in flight, you will receive a landing card from the flight attendants. Fill this card out, indicating which international airport you have just flown out of and where in Europe you are going. Keep this card together with your passport and your plane ticket.

When you land, exit the plane and flow slowly through the people-mover system in the direction of passport control. You must wait in a line designated for “all passports” rather than only for European Union citizens. You will meet an agent, and you will hand over your passport and landing card. Then you will continue in the direction of baggage claim. Your bags should arrive in 30 minutes or so. Exit where the nearest “Sortie” sign sends you, walking toward the green signs that indicate you have “nothing to declare.” Then you will be outside of the secure airport and finished with customs.

- For supplemental funds, ATMs are located by the exit from customs.

### **What if your bags do not arrive at CDG Airport?**

Occasionally, bags are temporarily lost when connecting flights are booked on a tight schedule. If you barely make your international flight because of bad weather or other problems between your first airport and the hub you fly from to France, your chances of having a lost bag increase. Most lost bags turn up in France within 48 hours of your arrival, so it is not a terrible situation, but rather a nuisance and a frustration. If your bags do not appear on the carousel:

- Find the baggage service desk and office for your airlines. Most of them are run out of one window.
- Wait in line and tell the person at the desk, who probably speaks English, what has happened. You will usually just be one of many from your flight having this same situation.

- You will be shown a card with many types of suitcases on it. They write down your name, flight number and the type of bag(s) that was lost. A formal search will be started, and you will be given papers to save carefully with your passport and plane ticket.
- You will be asked where the bags should be delivered. Have them sent to

L'Abbaye de Pontlevoy  
 1, Place du Collège  
 41400 Pontlevoy  
 France

- Leave the airport and expect to see your bags within three days.

### Getting from CDG Airport to The Abbey

You should plan to arrive at the CDG Airport in the morning of the Saturday before classes begin. Once you have your travel itinerary, please send a copy by fax to Southern Miss at 601.266.5699, Attn: The Abbey Program, or by mail.

Once The Abbey staff has received all student itineraries, we will send you **by e-mail** the time and location of the bus that will pick you up from the airport and bring you to The Abbey.

If your plane is delayed and you are not able to take the coach to come back to The Abbey with the group, you will need to take a train to St. Pierre des Corps and then transfer to a train to Montrichard. You will need to call The Abbey before departing from Paris to arrange for transportation from Montrichard to the Abbey. To search for train schedules online, go to the SNCF Web site at [www.voyages-sncf.com](http://www.voyages-sncf.com).

### Directions for taking the train from CDG to Montrichard

*If unable to travel with the group*

When you arrive at the Gare TGV, you will see signs for the ticket office/*billetterie*. Purchase a one-way/*aller-simple* ticket to St. Pierre des Corps (this is the TGV train station in the city of Tours). If you are not going to arrive in St. Pierre des Corps in time to take a train to Montrichard, you will need to choose between staying the night in Paris or Tours and then take a train the next morning to Montrichard. **Remember to call The Abbey and let us know exactly what time you plan to arrive in Montrichard so that we can arrange for transportation.**

- You may use your credit or debit card to buy the ticket in France.
- Show your ISiC card to receive a discount on the ticket.
- You should request a second-class ticket and specify if you are under 26.

When you have your ticket in hand, examine it to see where you are sitting on the train.

Grab a sandwich and a soda if you have time. Watch the big flipping board overhead as it clicks your train departure information into view only 30 minutes before you leave the station. It should tell you on which platform/*voie* to catch your train. ***As you leave the waiting area, you will see yellow devices that stand about three feet high. You must stamp your train ticket by inserting it into this device.*** In French this is called *composter*. The conductor examines your ticket on the train and verifies that you have validated your ticket.

When you go to the correct platform/*voie*, you will see pairs of TV-style monitors, which show you where to wait along the long platform so that you are nearest to your correct car when the train comes. There is a letter corresponding to the train's different car/*voit* numbers. Find the letter closest to your car and go to where you see a sign with that letter. Wait there until the train arrives. When the doors open and people have finished getting off, check the side of the train for the small built-in electronic signs, which tell you which car/*voit* you are seeing. Get on the train as close as possible to the correct car, and stow your suitcases in the large bins that you see located between different cars.

Remember to get off at St. Pierre des Corps; do not stay on the train for the remaining short trip to Tours. From St. Pierre des Corps, it is just a 40-minute train ride to Montrichard. If you do not have a ticket from St. Pierre des Corps to Montrichard, you need to exit the train station and buy the ticket at the kiosk that is just in front of the station.

### **Arrival and Orientation at The Abbey**

The Abbey campus opens at noon on Saturday before classes start. Students will arrive throughout the day Saturday and orientation will officially begin Sunday, and continue through Wednesday. Please note again, if you intend to arrive in Europe earlier than the opening date of the campus or stay on in Europe beyond its closing date, you should make your own housing and travel arrangements.

During the check-in process and orientation, you will receive a packet describing the itinerary for your first few days in Pontlevoy, class schedules, a schedule of events at The Abbey, and detailed regulations about your housing and campus life.

### **Your address at The Abbey**

To receive mail in Pontlevoy, use the following address (airmail only):

#### **L'Abbaye de Pontlevoy**

Your Name  
1, Place du Collège  
41400 Pontlevoy  
FRANCE

*Note: Customs taxes are always added to packages with a value above 100 euros, coming from abroad into France or if the items enclosed in the package are new, taxes could be charged as well. You must pay these taxes at the time your package arrives at*

*The Abbey. In some cases, with Fed-Ex especially, customs taxes are billed to you after you have received your package.*

### **Cell Phones and Pay Phones**

You will receive a cellular phone for your stay at The Abbey. During orientation, you will receive instructions on how the phone works. After receiving your cell phone, you should send an e-mail to all of your friends and family with this phone number so they can reach you when they need to talk to you or in the event of any emergency. Your cell phone works with a phone card (*mobicarte*), which can be purchased in a local *tabac*. The phones work on a pay-as-you-go plan, but incoming calls are free. Therefore, even when your phone has no outgoing call time left, parents and friends from the U.S. will be able to call you or leave messages on your voice mail.

#### **NOTES:**

- *All cellular phones must be returned to Abbey staff prior to your departure from The Abbey.*
- *Cellular phone service is assured only in France. You will need to purchase a prepaid telephone card for telephone service during your midterm travel break.*
- *If your cell phone is lost, stolen or damaged during the semester, you will be charged 50 euros to replace the phone.*
- *Remember that there is a seven-hour time difference between the United States (central time) and France. Noon in Mississippi or Texas is 7 p.m. in France.*

There are pay phones all over France, but they can be tricky to use. One easy way for short conversations is to purchase a French calling card (*télécarte*), which has a special magnetic strip that is activated when you slide it into a phone, or it may have a code to enter. You can purchase them at *tabacs*. These stores are like newsstands, and they sell calling cards, stamps, postcards and magazines. You may also purchase a *télécarte* at many post offices (*bureau de poste*) or metro stations when in Paris. Your other choice is to use a phone card from the United States. Be sure to know the toll-free access code when calling from France, as it is different than calling from within the United States. Before you leave you can also buy a phone card through your phone company; be sure to ask for the international rate. You will be charged to your phone bill back home; call your local telephone company for more information.

### **Jetlag and culture shock**

Plan on being tired and somewhat disoriented during your first few days in Pontlevoy. Your experience with jet lag is less severe if you follow a few tips:

- Once you are in flight, adopt French time immediately and set your watch accordingly.
- Drink lots of water during the flight.
- Sleep as much as possible during the flight.

- Upon arrival in France, consciously make yourself adopt an attitude that corresponds to the time of day where you are. Is it morning? Then get some orange juice or coffee. Have your first croissant.
- Set low expectations for your energy level and sometimes even your mood.
- On your day of arrival, try to sleep on the bus and stay awake at The Abbey until your normal bedtime.
- Start your second day without thinking about the old time zone, other than to send some e-mails and make a phone call or two.

“Culture shock” is a term used to describe feelings of unfulfilled expectations, sudden awareness of alien surroundings, a degree of insecurity and perhaps a little homesickness. Most people who have experienced culture shock report that they did not recognize it at the time, but rather with hindsight realized they had been undergoing it. They talk about having felt irritable for no identifiable reason, becoming frustrated and angry easily, and even having felt physical discomfort or symptoms of illness during this time of adjustment.

Remember that by deciding to go to France for a semester, you are making a decision to try something different. Things are different from home -- the people, food, language, culture -- and it is for all of these reasons that you go abroad. The purpose of a semester abroad is to learn and experience a different culture; decide to open your mind to people and things that are alien to you. Keep in mind, you are abroad for a semester because you wanted to immerse yourself in a new culture. You have chosen to experience something different, so don't expect life in your host country to be like life back home. *Be respectful of the differences.*

You will be surrounded by other Abbey students who are experiencing similar feelings and fatigue levels. Reach out and meet your new housemates. Your semester in Europe has begun.

## Part 3: General Information

### Medical issues

- **Inform the director about special conditions.**
- **Transport all medicines in original, labeled containers.**

It's a good idea to have a thorough checkup, including a dental checkup, before you depart the United States.

If you wear glasses or contact lenses, take along an extra pair and bring a copy of your prescription. Contact lenses are often expensive to replace abroad. You should also bring a supply of wetting and cleaning solutions, since your favorite brand may not be available overseas or may be very expensive.

- **Never pack medication in checked luggage! If your suitcase goes astray, you don't want these to be lost as well.**

- There is a local pharmacy in Pontlevoy, and there are medical doctors in town. The nearest hospital is located approximately 30 minutes from Pontlevoy. Staff will assist in any medical situation or emergency to their best ability.

If you regularly take a prescription medication, bring enough with you for the semester, and bring it in the original labeled container. Have your doctor give you a generic breakdown (not just a generic name) of your prescription so you may refill your prescription overseas if necessary. Please inform the director of The Abbey Program if you have special needs. We attempt to accommodate medical, educational or dietary needs if we are notified in advance with proper documentation. We should also be informed about special medical problems such as diabetes, epilepsy, eating disorders or emotional problems. Your acceptance packet will contain forms for notifying us about these matters.

### Money matters

- **Allow approximately \$5,000 for meals and personal expenses while at The Abbey.**
- **Arrive with no more than 200€ cash.**
- **Establish an international debit card with your local bank and verify that the card operates on the Cirrus or Plus ATM network. You may use this card all over Europe to draw funds out of your checking or savings accounts at home.**
- **Bring a credit card as emergency backup.**
- **Memorize the PIN numbers of your debit and credit cards.**

How much money you spend during the semester in France is a highly individual matter. There is a financial aid worksheet at the end of this manual with estimated costs not included in the program price.

To be safe, arrive with a little currency as well as your debit or credit card. Few American banks keep foreign currency on hand, so if you would like to bring euros, request these two to three weeks prior to your departure. There are currency exchange offices in most international airports. Check with your bank before leaving to make sure that you do not have any problems using your debit or credit card while abroad. Some banks only allow debit cards to be used to take out money and not to make purchases. Generally, MasterCard and VISA are accepted all over, although many shops do not accept a card for small purchases. American Express is accepted less in retail shops and restaurants, but may be used for cash advances at American Express offices located in many large cities.

Traveler's checks are good for emergencies because they can be replaced if lost or stolen. In order to replace the traveler's checks, you must have the receipts; therefore, you should not keep them together. Keep your receipts in a safe place. The downside to traveler's checks is that it can be a hassle to find a bank to cash them, especially in Pontlevoy. Students in the past have found that it is easier to primarily use credit and debit cards but some card issuers charge a fee of one to three percent for currency exchange. Check with your card company before you leave and let them know you are

traveling abroad so the company does not think your card was stolen. During your semester in France, you do not need to open a bank account in France.

### **The euro**

The euro is the official currency in France along with 25 other member states including Austria, Belgium, Finland, France, Germany, Greece, Ireland, Italy, Luxembourg, Netherlands, Portugal and Spain. Call American Express (1.800.525.7623) to obtain current exchange rates.

- Sales tax in Europe is included in the advertised price instead of being added at the register.
- At restaurants and cafés, the tip is almost always included in the bill you receive. We will talk more about this during orientation at The Abbey.

### **Linens and laundry**

The Abbey furnishes sheets, a blanket, a pillow and a pillowcase for you. You should pack a towel and washcloth for yourself. You are responsible for washing your own bed linens and towels.

Laundry machines are located on the same floor as your room. They are available for use any time of the day or night. You are responsible for the security of your own garments when they are being washed.

If your room has a toilet, you and your roommates are responsible for replenishing the toilet paper. Toilet paper and hand towels are provided in all communal areas.

### **Smoking**

Smoking is strictly prohibited inside all buildings on The Abbey grounds.

### **Alcohol consumption**

France does not have a formal drinking age that has an impact upon you or your behavior. French customs around food, family and conversation include wine and beer as vital components. But if drinking is ubiquitous in France and throughout Europe, it is almost unknown among European students to binge drink or otherwise drink to get drunk. In Pontlevoy, Paris or almost anywhere your travels take you, drinking to excess is not what you will witness in bars, cafés or in the streets. Instead, you see wine and beer everywhere being enjoyed for taste, ambiance, mood and the quality of these products. Although you may be able to legally drink (which may differ from your situation as a minor back in the United States), you should be very careful to observe how Europeans manage their drinking and avoid the kinds of excess that can cause you academic and social problems.

### **Illegal substances**

Stay strictly away from illegal substances while you are abroad. The myth that drugs are freely available and officially sanctioned in other countries is untrue. Possession, use or sale of illegal drugs can result in severe criminal penalties. If you are caught with drugs in France or elsewhere in Europe, you may be held in jail and tried according to European laws. The Abbey Program will not be able to help in this situation.

Use or possession of illegal substances is ground for expulsion from The Abbey Program.

### **Legal matters**

Anyone who enters a foreign country becomes subject to the laws of that country. While the Department of State and Consular officers overseas are concerned about all Americans arrested abroad, they cannot intervene in the legal process of another country or act as legal counsel on behalf of an American citizen imprisoned outside the United States.

While abroad, avoid areas of unrest and disturbance, refuse to deliver packages for anyone, familiarize yourself with local laws and regulations, and exercise good common sense.

Any number of crimes can result in a student being deported. While it may seem adventurous to participate in peaceful demonstrations or protests, be aware such activities can quickly become violent; arrests are not uncommon and international violators can be deported.

### **Words of wisdom from "veterans"**

You must do many things to prepare for your program abroad before you set foot on the airplane. Become an active participant in preparing for The Abbey Program. Many books focus on cultural differences between France and the United States, such as "Cultural Misunderstandings: The French-American Experience" by Raymond Carroll and "French or Foe? Getting the Most Out of Visiting, Living and Working in France" by Polly Platt.

We also recommend buying a guidebook such as the "Lonely Planet - France" or "Let's Go - France." These books provide information not only about budget accommodations, places to eat and things to do in different cities, but also about customs, language, history, the educational system and other aspects of life.

Most study-abroad participants are surprised to find that students in their host country are genuinely interested in learning more about where they are from and about their university at home. You should be familiar with a few broad facts and figures. Common questions include: What is the population of your state? What is the ethnic, racial or gender distribution? What products or industries are noted in your area? It's always fun to watch the reactions of people when you reel off the list of noted authors, musicians and artists from your region. Many former students strongly recommend that you take small items you can distribute as gifts to various people you meet throughout your stay.

## Helpful Web sites

- [www.maison-de-la-france.com](http://www.maison-de-la-france.com)
- [www.france.diplomatie.fr/](http://www.france.diplomatie.fr/)
- [www.tourisme.gouv.fr](http://www.tourisme.gouv.fr)
- [www.tourisme.fr](http://www.tourisme.fr)
- [www.voyages-sncf.com](http://www.voyages-sncf.com)

## International emergencies and evacuation

If international events cause grave concern regarding the security of the program and its participants, the director will secure the building and work directly with French and American diplomatic authorities to ensure the safety of students and faculty.

If you are traveling over a weekend or midterm break and a disruptive international event takes place, you must immediately

- Call your parents in the United States to check in and let them know where you are and that you are OK
- Call The Abbey to coordinate your immediate return to campus.

Emergency evacuation from France will only be contemplated in the face of clear and likely danger to The Abbey community. No such danger has occurred in France, with the exception of the start of World War II, since study-abroad programming began in France in the early 1920s.

## **Part 4: Paris and Your Midterm Break**

### Your week of living and learning in Paris

Paris is located about two hours by TGV (bullet train) from The Abbey. The city and its cultural treasures are central to the academic curriculum. You will live and learn in Paris for approximately a week at the midterm point in the semester. While in Paris, you will reside in a dormitory facility located in central Paris. Classes are taught in the streets, museums and cafés of Paris. Excursions and tours for The Abbey Program participants are held while in Paris. All group events are mandatory for all students.

#### *Paris Facts*

France's population is estimated at 60 million people and of that number, about 10 million live inside Paris and its suburbs. From one of the many peaks, the city looks enormous. Paris actually has a surface area of about 60 square miles. The city is divided into 20 *arrondissements*, or districts, that spiral clockwise around the Louvre. The *Ile de la Cité* (where Paris was founded) and *Ile St. Louis* are located at the geographical center of the city. The Seine River divides Paris into two parts: the left bank/*rive gauche* and the right bank/*rive droite*.

Learning how to navigate Paris is essential. There are several ways to get around, including walking, metro or bus. Walking helps you to become more familiar with the city. In just a couple of hours, almost in a straight line, you can walk from the *Louvre*, to the *Place de la Concorde*, the *Arc de Triomphe* and onto the *Grande Arche de la Défense*.

The Paris metro system is simple to navigate. Metro stations are marked by either an "M" or the word "Metropolitain." There are 14 lines within the system. Tickets are valid for other metro lines if the connection is made within the station. Connections are indicated by orange *Correspondance* signs; exits are marked by blue *Sortie* signs. Keep your ticket until you have left the system. There is typically service from 5:30 a.m.-12:15 a.m.

- Single tickets are sold, or you may purchase a *carnet* of 10 tickets, which saves you a little time and money. Weekly metro passes, called a *Carte Orange*, are also available.
- During the group trip to Paris, you will be given a *Carte Orange* valid from Monday morning to the following Saturday. A photo (3x3 cm) is needed for the *Carte Orange*, so please have one made and keep it for Paris week.
- The RER is a rapid-transit system that connects the center of Paris to the suburbs, making fewer stops within the city than the metro. There are five RER lines, A-E.
- Taking the bus is more complicated than the metro in Paris. The bus map is called *Autobus Paris-Plan du Reseau* and is available at metro information booths. Although the system takes longer to figure out, taking the bus is a great way to become oriented in the city. Just remember to either punch your ticket in the machine next to the driver as you enter, buy a ticket from the driver, or show your bus/metro pass. Push the red button on board to request a stop.

There is so much to do and see in Paris, from *la Tour Eiffel*, *Notre Dame*, *Sacré Coeur*, *la Sorbonne*, *le Louvre*, *Père Lachaise* and *le Musée d'Orsay*, as well as the smaller museums such as *le Musée Rodin*, *le Musée de Cluny* and *Monet*. There are also many gardens and parks such as the famous *Jardin de Luxembourg*, *Parc du Monceau* and *Bois de Boulogne*. Not too far from Paris is the magnificent *Palais de Versailles*, only about half an hour from Paris by RER, and Claude Monet's house and gardens in Giverny are not far by train.

Countless cafés and restaurants of all kinds are located in each district. Guidebooks usually list their favorites, but discovering your soon-to-be personal favorites can be fun.

Weekly publications like the *Pariscope*, *Officiel des Spectacles*, *Time Out Paris* and *Where Paris* (some in English) list movies, plays, exhibits, festivals and clubs. These are available at newspaper kiosks, English-language bookstores and some restaurants. For more information on Paris, visit [www.paris.org](http://www.paris.org).

If you are interested in seeing a *spectacle* (i.e., a play), ballet or opera while in Paris, you will need to reserve tickets in advance. To obtain the student prices, remember to bring your ISIC.

## Arranging travel during the midterm break

Students are free to travel Europe during the midterm break of The Abbey Program. (Consult the calendar to plan around these dates.) This break begins immediately upon the completion of the program's week in Paris. Although Abbey staff and faculty may assist you as needed with travel arrangements related to museums, exhibitions, culture and so on, travel details and logistics should be studied carefully by students. Eurail passes for 15 days of unlimited train travel cost around \$800 per student; visit [www.raileurope.com](http://www.raileurope.com). For information on renting a car during your break, go to the Renault Web site at [www.renaultusa.com/student.asp](http://www.renaultusa.com/student.asp). To make transportation, hotel and other reservations for the midterm travel break in advance of The Abbey, visit [www.counciltravel.com](http://www.counciltravel.com) or [www.magnoliatravel.com](http://www.magnoliatravel.com).

- You should plan to coordinate communications with family and friends during the time when you are totally independent from The Abbey's facilities and staff.
- You need to purchase telephone cards and make periodic calls back to the United States during your time away from The Abbey. (cell phone does not work when traveling outside of France)
- Please leave an itinerary of your travels at The Abbey before departure. Be sure to stay in regular contact with your family.

Related to the logistics of planning, this part of your stay in Europe is a question of travel philosophy. There is insufficient time to see all of Europe during the break. Although you may be tempted to spend all of your travel time trying to see as much as you possibly can, think carefully before embarking on an unending crisscrossing of the continent. Not only does travel of this kind exhaust you, but it can also tend to leave a traveler feeling displaced and disengaged. Do you want to see great sites and places you have dreamed about your whole life? Answering yes to this question does not necessarily mean that you need to see every site and every great place during this specific stay in Europe. Instead, you might plan to balance your personal interest in seeing everything with a careful plan related to your own energy, budget and emotional health. After you have traveled all night to reach Prague, do you want to only stay there for one day? Or will you feel more connected to the city and the Czech Republic if you see Prague more closely and spend a few days there, followed by some time in the Czech countryside? Perhaps you set a goal for yourself to learn a great deal about France while you are in session with The Abbey Program and then do the same during your travel time with one other country or perhaps region of Europe. What would you know about Italy, for example, after spending as many as 10 days there? Or maybe you wish to go to the United Kingdom. Ten days of travel in England, Scotland and Wales would let you return to The Abbey having conducted a deeper exploration of the United Kingdom than any two days that a whirlwind tour would allow.

### **Housing during midterm break**

You will find inexpensive hotels abound in Europe located just off the beaten tourist path. Any decent guidebook offers scores of suggested hotels in major cities as well as in countryside towns. For online suggestions, visit [www.studentuniverse.com](http://www.studentuniverse.com). Staying in youth hostels is an excellent and cost-saving option for students, especially in large cities where hotels may be hard to reserve on short notice. To purchase a membership to the International Youth Hostel Federation or to make early reservations for accommodations in Europe, visit [www.ihhf.org](http://www.ihhf.org) or [www.hostelworld.com](http://www.hostelworld.com). You should consult the handbook you receive when ordering your ISIC, as it contains important information on travel discounts.

### **Staying at The Abbey during midterm break**

Although you do not have to move out of your room during the travel break, you are not allowed to stay at The Abbey during the break unless prior arrangements have been made with the Resident Manager.

## **Part 5: Academic Affairs**

### **Class attendance**

You are expected to attend class and all required field excursions and events for the program. It is your responsibility to make up any missed work and to be informed of the material covered in class. You are allowed a maximum of two absences. Additional absences will result in the lowering of your final course grade by half a letter grade. Three late arrivals will equal one absence. Professors will take roll for every class.

### **Books**

You will be notified by e-mail as to the books that you must purchase for each of your courses. You will be responsible for buying all books in advance to either carry over yourself or have shipped to The Abbey. In many cases, you can find your required books at the United Kingdom's version of Amazon, which is at [www.amazon.co.uk](http://www.amazon.co.uk).

If you choose to send your books directly to The Abbey, you may be charged a French customs tax.

### **Grades**

Grades are assigned to you by the professors teaching your courses at The Abbey and are posted on a transcript issued at the end of each term by The University of Southern Mississippi. Your credits transfer from Southern Miss back to your home institution. It is up to the home institution to assign credit transfer equivalencies for each of your courses.

## **Registration and Credit Transfer**

You are registered for the courses you will take on the program through the Office of International Programs (OIP). The OIP will register you for generic courses until you arrive at the Abbey and have completed one week of classes. This allows you to add or drop classes in the beginning of the program, but you will not be able to change classes after the first week. The OIP will send you a schedule of classes and request a list of the courses you plan to take. Credit for coursework at the Abbey will appear on your Southern Miss transcript at the conclusion of your semester. Once registered at Southern Miss in January, if you decide to drop a class while at the Abbey, you will receive a Withdraw-Passing (WP). If you have questions about how this will affect your transcript please ask for more information prior to dropping the class. E-mail: [Melissa.Ravencraft@usm.edu](mailto:Melissa.Ravencraft@usm.edu)

### *Non-Southern Miss Students*

You will need to fill out an official Transcript Request Form prior to your departure or during orientation at The Abbey.

Be sure to keep all course syllabi, you will most likely need this once you return to your home university and begin working on the credit transfer process.

## **Incompletes**

All course work, with the exception of independent study and research projects, must be completed in full by the end of The Abbey Program. Incompletes are not given, except in cases of medical necessity.

## **The Ambassador Series**

Organized by The Abbey Program faculty, the Ambassador Series' events enable you to encounter the cultural aspects of your host culture.

### *Ambassador Series Events*

Whether it is a musical performance, an exhibition or a guest lecturer, the series is dedicated to the understanding of the artistic, cultural, and social movements and heritage of the European Union. The program focuses greatly upon the life and customs of the Loire Valley. Visits to chateaux, wine vineyards and even the local goat cheese farm provide a memorable experience and appreciation for the culture and traditions of this region of France. All students are registered to receive one university credit hour for the Ambassador Series. Events are held both on and off The Abbey campus on Wednesday evenings and on some Friday mornings.

## **Service learning**

Cultural immersion is an important process of community building for students who study abroad. At The Abbey, you are given several opportunities to participate in the local culture rather than simply observe it as a guest would. Through service-learning programs, you have the chance to engage with the French community while you adjust to not only being in a new culture, but also being a part of it.

The Abbey service learning challenges include, but are not limited to English Language Instruction - Abbey students may volunteer to teach English at the public elementary school in Pontlevoy. The French students range from age 8 to 11 and have little to no prior instruction in English. Abbey students may team-teach several times over the course of the semester, alternating so that all who are interested have an opportunity to participate.

### **Program expulsion**

The Abbey faculty and staff protect the safety, welfare and academic purpose of the program and its participants by sending students home who break rules or otherwise grievously interfere with the peace and security of The Abbey community. The program director and his designees, along with the director of International Programs at The University of Southern Mississippi, reserve the right to expel and send home anyone who is deemed a threat to the safety or serenity of the program. No refunds are granted for any reason to students expelled from the program.

## **Part 6: Life at the Abbey**

### **Pontlevoy**

Charming, ancient and very small, the town of Pontlevoy lies about 150 miles southwest of Paris in the heart of France's historic land of legendary chateaux and vineyards. Developing together for almost a millennium, the town and its monumental abbey have always drawn international learners to the Loire Valley. Pontlevoy offers visitors cafés, a bakery and two grocery markets. Home to artists, photographers and entrepreneurs from all around the world, Pontlevoy well deserves the international spirit of its name, which literally means "bridge between banks," as well as the nickname it is called by some of its lifelong residents and international newcomers alike: "the magic place." Located only 15 miles from a pair of the world's greatest castles (Chenonceau and Cheverny), Pontlevoy is ideally situated as a point of entry into the incomparable banquet that is the Loire.

### **Local transportation**

Transportation for Ambassador Series events is arranged by The Abbey program staff, and is covered in the program fee.

There are three taxi companies in and around Pontlevoy. You will be given all of the necessary information to call for transportation from The Abbey and will be responsible for making your own reservations.

A public bus runs one or two times daily from Pontlevoy to Montrichard and Blois. You will be given a schedule during orientation.

Transportation twice per week is scheduled by Abbey staff to a local train station. The schedule will be posted on-site at The Abbey.

## The Abbey campus

You will reside and find your classrooms in one of France's legendary historic monuments. Although founded in 1034 and characterized by its historic relics, the Abbey's main building has been renovated to accommodate the needs of today's college student. With several acres of grounds, the campus is bordered on one side by a stream and its entrances are gated. Complete with a kitchen, laundry facilities and a lounge, The Abbey also features a small and often crowded computer lab. Located on the third floor of the main building, bedrooms are triples (bunk beds) and include sinks and showers. Gender-specific bathrooms are located in the hallways. Classrooms, dormitories, administrative offices and communal spaces are all located in one campus building. Faculty resides in local accommodations.

- There is **NO** elevator in the main building.

You must stay in your assigned room throughout the duration of the semester unless you have approval from the director or the resident manager. Guests (including other students) are not allowed in rooms past 11 p.m. Students are not allowed to bunk in other students' rooms. If you have any concerns over the course of the semester, you should immediately see the director or the resident manager.

During orientation week, all students will be divided into groups and each group will have a set of assigned weekly tasks including kitchen duty, flying buttress - trash and recycling duty, as well as laundry room and classroom garbage to be removed. These various tasks will take a minimal amount of time from each student and will make living as a community run more smoothly.

## Food

Monday through Friday lunch is included in The Abbey Program price. You may also enjoy visiting the local bakery and café for breakfast and dinner. Other popular and affordable dining options include restaurants in neighboring Montrichard. An average bakery lunch of a sandwich and soda costs approximately \$8. A three-course dinner in Montrichard, including beverage, costs on average \$30.

## Use of the kitchen

There is a kitchen at The Abbey for your use. You must keep this area clean at all times or it will be closed. Dishes must be washed and put away directly after cooking. Abbey students will be assigned "kitchen detail" on a rotating basis, and you must all pick up after yourselves each time you use the kitchen. If you have any questions about using the kitchen or any of its equipment, please ask program staff for assistance.

## The Flying Buttress (FB)

Located in an "undiscovered" loft adjacent to the student rooms, the FB is a lounge reserved for use by Abbey residents. Guests may not be brought into the FB unless

permission is granted in advance by Abbey staff. Students using the FB and its facilities must conform to the posted rules of the establishment. Patrons of the FB must respect the need for quiet at all times in the hallway outside of the establishment.

### **Le Salon Cyber - Computer Lab**

The computer facility is located in the building next to the night entrance of The Abbey. You will have unlimited use of this facility during its scheduled hours. Expect computer facilities and Internet connections to be far slower at The Abbey than what you would expect at home. There are a limited number of computers with internet access. There is **NO** printer in the computer lab. You must save documents to be printed onto a diskette and bring them to the office to print.

### **Campus gates and security**

Security on campus is managed by The Abbey's concierge and is a high priority for all citizens of The Abbey community. Each student will have a key to the front gate, which must be kept closed and locked at all times. Contact Abbey staff with any security concerns that you have at any time.

### **Visitors on campus**

Your friends, guests and other visitors are welcome on campus from 9 a.m. until 7 p.m. each day. The gardens and computer lab are open to them. Visits to the chapel and the inside of The Abbey building must be approved and arranged in advance by consultation with Abbey staff.

### **Guest rooms**

Guest rooms at The Abbey may be reserved in advance for use by family and friends. Talk to Abbey staff to make reservations.

**\*Guests are not allowed to "bunk" with students.  
You must reserve a place for your guest prior to his or her arrival.**

### **Help and counseling**

Unlike life at your home university, there is not a formal "student affairs" staff or office on campus at The Abbey. Instead, there are professors, staff and other students on the program trying to live in a healthy community. If you are troubled, depressed, or concerned about yourself and your adjustment to The Abbey or life in Europe, it will be your responsibility to reach out to others at The Abbey for assistance. All of our staff and faculty have spent a great deal of time living away from home, traveling and being in Europe. If you feel alone or alienated by what you are experiencing at The Abbey, you should not hesitate to ask for help.

### **Host families**

Living and studying abroad are fundamentally different from vacationing or traveling. The Host Family program of The Abbey is meant to make the experience of cultural immersion a meaningful one. To strengthen the points of contact between students and local communities, you will be put into joint sponsorship with families in and around Pontlevoy. Sponsorship involves an exchange of customs common to student families in the United States as well as host families in France. Birthdays, church services, babysitting, dinners at home, restaurant meals, meeting extended family, sports activities, festivals, school systems and the like are features of many mentorship experiences. One of the goals of this program are the lifetime connections between American and French citizens. Bring small tokens or gifts traditional to your region to present to your hosts. Prior to departing for France, you will be sent by e-mail a form to fill out if you wish to participate in this program.

### **Code of conduct**

Remember that you are a guest in France and Europe and that you represent the United States abroad and should conduct yourselves accordingly. Repeated absences may result in expulsion from The Abbey Program. If you jeopardize the health, welfare, safety, serenity or educational activity of anyone on the program or in The Abbey community, your participation in the program could be terminated immediately. Rules are posted governing the use of your bedroom, bathroom facilities, common areas, classrooms, the Flying Buttress, Le Salon Cyber and other campus areas and facilities. If you break these rules, you are held accountable and will be dismissed from the program. Complete authority over any and all disciplinary action rests with the program director, the director of International Education at The University of Southern Mississippi and designated staff. There is no appeals process.



## CHECKLIST

Now that you have received your acceptance packet, you need to do the following things:

- Read and sign the Release of Liability form, which you received with your acceptance letter.
- Fill out the application form for your International Student Identity Card. Attach a photograph (1" x 1 3/8") and a check for \$22 (if picking up in the office at Southern Miss) or \$23.50 (to have mailed to your home).
- Make two copies of your flight itinerary and passport. Send one copy to Southern Miss, and leave one copy with your family or a trusted friend.
- Return all of the above promptly to The University of Southern Mississippi, The Abbey Program, 118 College Drive #10047, Hattiesburg, MS 39406-0001.
- If you do not already have a passport, read and follow the instructions on the back of the passport application form that you received with your acceptance packet. **Do not return it to Southern Miss.**
- Before your departure**, check to be sure you have your money, passport and any medicine you need. Keep some euros accessible. Take one last look at your luggage before leaving to make sure you can carry it **alone**.
- You will be billed the balance due of the program cost in advance of the spring deadlines to pay fees. The spring program deadline (to pay all fees) is Nov. 30. Checks should be made payable to "The Abbey" and mailed to the above Southern Miss address.
- Bring this book with you to The Abbey. You will need it over the course of the semester. Keep it handy while traveling for contact info.
- Bring an extra 3x3 cm size photo to The Abbey to keep for your *carte orange* during Paris week.

## Southern Miss International Programs Contact Information

Dr. Douglas P. Mackaman, Director  
The Abbey Program and British Studies  
The University of Southern Mississippi  
118 College Drive #10047  
Hattiesburg, MS 39406-0001  
PH.: 601.266.4344  
FAX: 601.266.5699  
[douglas.mackaman@usm.edu](mailto:douglas.mackaman@usm.edu)

Amy Linden, Coordinator  
The University of Southern Mississippi  
118 College Dr. #10047  
Hattiesburg, MS 39406-0001  
Ph.: 601.266.6809  
Fax: 601.266.5699  
[amy.cameron@usm.edu](mailto:amy.cameron@usm.edu)

Melissa Ravencraft, Coordinator  
The University of Southern Mississippi  
118 College Dr. #10047  
Hattiesburg, MS 39406-0001  
Ph.: 601.266.5009  
Fax: 601.266.5699  
[melissa.ravencraft@usm.edu](mailto:melissa.ravencraft@usm.edu)

## **CONSORTIUM UNIVERSITY CONTACT INFORMATION**

Azusa Pacific University  
Center for Global Learning & Engagement  
*Carrie Domen, Assistant Director*  
901 E. Alostia Ave.  
Azusa, CA 91702  
Ph: 626.815.2110  
Fax: 626.815.2111  
E-mail: [studyabroad@apu.edu](mailto:studyabroad@apu.edu)  
Web site: [www.apu.edu/studyabroad](http://www.apu.edu/studyabroad)

College of Charleston  
*Julie Swigert, Study Abroad Coordinator*  
66 George Street  
Charleston, SC 29424-0001  
Ph: 843.953.7823  
Fax: 843.953.7663  
E-mail: [swigertj@cofc.edu](mailto:swigertj@cofc.edu)  
Web site: [www.cofc.edu](http://www.cofc.edu)

Fontbonne University  
*Gail Schafers, Director of ESL and Study Abroad*  
6800 Wydown Boulevard  
St. Louis, MO 63105-1434  
Ph: 314.719.8058  
Fax: 314.889.1451  
E-mail: [GSchafers@Fontbonne.edu](mailto:GSchafers@Fontbonne.edu)  
Web site: [www.fontbonne.edu](http://www.fontbonne.edu)

Lamar University @ Beaumont  
International Education  
*Dr. Joanne Lindoerfer, Director*  
57 Maes Bldg.  
P.O. Box 10036  
Beaumont, TX 77710  
Ph: 409.880.2252  
E-mail: [lindoerfjs@hal.lamar.edu](mailto:lindoerfjs@hal.lamar.edu)  
Web site: [www.lamar.edu](http://www.lamar.edu)

Loyola University at New Orleans  
History Department  
*Dr. Bernard Cook, Director*  
6363 St. Charles Ave.  
Campus Box 218  
New Orleans, LA 70118  
Ph: 504.865.2564  
Fax: 504.865.2010  
E-mail: [cook@loyno.edu](mailto:cook@loyno.edu)

Madonna University  
International Programs  
*Dr. Jonathan Swift, Director*  
36600 Schoolcraft Road  
Livonia, MI 48150  
Ph: 734.432.5636  
E-mail: [jswift@madonna.edu](mailto:jswift@madonna.edu)

Midwestern State University  
International Education  
*Dr. Larry Williams, Director*  
3410 Taft Blvd.  
Wichita Falls, TX 76308  
Ph: 940.397.4318  
E-mail: [larry.williams@mwsu.edu](mailto:larry.williams@mwsu.edu)  
Web site: [www.mwsu.edu](http://www.mwsu.edu)

Mississippi State University for Women  
Study Abroad Programs  
*Dr. Tom Velek*  
Division of Humanities, Box 1634  
Columbus, MS 39701  
Ph: 662.329.7174  
E-mail: [tvelek@muw.edu](mailto:tvelek@muw.edu)  
Web site: [www.muw.edu](http://www.muw.edu)

Oakland University  
International Education  
*Dr. Margaret Pigott, Director*  
322 Wilson Hall  
Rochester, MI 48309-4401  
Ph: 248.370.4131  
Fax: 248-370-4208  
E-mail: [pigott@oakland.edu](mailto:pigott@oakland.edu)

Southeastern Louisiana University  
International Initiatives Office  
*Dr. Charles A. Dranguet, Director*  
SLU  
Hammond, LA 70402  
Ph: 985.549.5354  
E-mail: [cdranguet@selu.edu](mailto:cdranguet@selu.edu)

University of Kentucky  
Honors Program  
*Dr. Dave Durant, Director*  
Ph: 859.257.3111  
E-mail: [Durant@email.uky.edu](mailto:Durant@email.uky.edu)

University of Texas at Tyler  
*Dr. Robert Sterken*  
3900 University Blvd.  
Tyler, TX 75799  
Ph: 903.565.5908  
Fax: 903.565.5537  
E-mail: [rsterken@uttyler.edu](mailto:rsterken@uttyler.edu)  
Web site: [www.uttyler.edu/bsterken](http://www.uttyler.edu/bsterken)

University of Wisconsin- Stout  
Office of International Programs  
*Vickie Kuester*  
422 Bowman Hall, 801 2<sup>nd</sup> Street  
Menomonie, WI54751  
Ph: 715.232.1896  
Fax: 715.232.2500  
E-mail: [kuesterv@uwstout.edu](mailto:kuesterv@uwstout.edu)  
Web site: [www.uwstout.edu](http://www.uwstout.edu)

University of Wisconsin-River Falls  
Office of International Programs  
*Brent Greene, Director*  
105 Davee Library  
River Falls, WI 54022  
Ph: 715.425.4891  
E-mail: [brent.d.greene@uwrf.edu](mailto:brent.d.greene@uwrf.edu)

University of Wisconsin-Superior  
Study Away Programs  
*Cherie Sawinski, Program Manager*  
Old Main 337, Belknap Kaitlin Ave.  
Superior, WI 54880  
Ph: 715.394.8020  
Fax: 715.394.8363  
E-mail: [csawinsk@facstaff.uwsuper.edu](mailto:csawinsk@facstaff.uwsuper.edu)  
Web site: [www.uwsuper.edu](http://www.uwsuper.edu)

Wayne State University  
Study Abroad and Global Programs  
*Kelli Pugh, Director*  
5155 Gullen Mall, 1600 UGL  
Detroit, MI 48202  
Ph: 313.577.3207  
E-mail: [ab6179@wayne.edu](mailto:ab6179@wayne.edu)  
Web site: [www.wayne.edu](http://www.wayne.edu)

**Financial Aid Work Sheet**  
(revised August 2008)

**SOUTHERN MISS and MWSU STUDENTS**

<b>(A) PRICE</b>	<b>(1) ESTIMATED AIRFARE</b>	<b>(2) MEALS (Est.)</b>	<b>(3) TRAVEL (Week- ends, and Mid-term travel break) (Est.)</b>	<b>(4) INCIDENTALS (Est.)</b>	<b>(B) (1+2+3+4) TOTAL ESTIMATED EXPENSES NOT INCLUDED IN PRICE</b>	<b>(A+B) GRAND TOTAL</b>
\$7,400	\$900	\$1,700	\$2,900	\$500	\$6,000	\$13,400

**CONSORTIUM STUDENTS**

<b>(A) PRICE</b>	<b>(1) ESTIMATED AIRFARE</b>	<b>(2) MEALS (Est.)</b>	<b>(3) TRAVEL (Weekends, and Mid-term travel break) (Est.)</b>	<b>(4) INCIDENTALS (Est.)</b>	<b>(B) (1+2+3+4) TOTAL ESTIMATED EXPENSES NOT INCLUDED IN PRICE</b>	<b>(A+B) GRAND TOTAL</b>
\$8,400	\$900	\$1,700	\$2,900	\$500	\$6,000	\$14,400

**NONCONSORTIUM STUDENTS**

<b>(A) PRICE</b>	<b>(1) ESTIMATED AIRFARE</b>	<b>(2) MEALS (Est.)</b>	<b>(3) TRAVEL (Weekends, and Mid-term travel break) (Est.)</b>	<b>(4) INCIDENTALS (Est.)</b>	<b>(B) (1+2+3+4) TOTAL ESTIMATED EXPENSES NOT INCLUDED IN PRICE</b>	<b>(A+B) GRAND TOTAL</b>
\$9,400	\$900	\$1,700	\$2,900	\$500	\$6,000	\$15,400

AA/EOE/ADA