



## List of Contributions and Talents

- ❖ Transportation
  - ❖ Sweep
- ❖ Household repairs (putting up a curtain)
  - ❖ Making calls
  - ❖ Baking
- ❖ Grocery shopping
  - ❖ Mowing a lawn
- ❖ Accompanying someone to a doctor's appointment
  - ❖ Respite care
  - ❖ House-cleaning
- ❖ Office work assistance
  - ❖ Computer assistance
  - ❖ Tutoring
  - ❖ Yard work
- ❖ Phone companionship
- ❖ Health and beauty aides
  - ❖ Delivering Meals
  - ❖ Painting
  - ❖ Typing
  - ❖ Writing

