CATCHING REVIEW QUIZ

Use your knowledge from when we learned about catching, as well as the review video to answer the following questions about catching!

1. When we catch a ball that is HIGH in the air, how should our hands be positioned?
   a) Hands up and pinkies together
   b) Hands down and thumbs together
   c) Hands up and thumbs together

2. When catching, what should we keep our eyes on?
   a) The ground
   b) The sky
   c) Our hands
   d) The ball

3. When we catch a ball that is LOW, how should our hands be positioned?
   a) Hands up and thumbs apart
   b) Hands out in front of our waist and pinkies together
   c) Hands by our sides

4. How many ways to catch have we learned about?
   a) 1
   b) 2
   c) 5

5. Which of the following will help us become better at catching?
   a) Playing video games
   b) Practice
   c) Eating candy

ANSWERS:
1) C
2) D
3) B
4) B
5) B