Critical Thinking for College Students

Critical Thinking:
1) Allows you to form your own opinions and engage with material beyond a superficial level. Essential to developing a good essay and having intellectual discussions with professors and peers.
2) Allows you to generate worthy argument and support them.
3) Helps you to evaluate your own work which in turn leads to better grades and better habits of mind.

“Critical thinking is the intellectually, disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.”

- The Foundation for Critical Thinking

7 Ways to Think Critically
1) Ask Basic Questions
2) Question Basic Assumptions
3) Be Aware of Your Mental Processes
4) Try Reversing Things
5) Evaluate the Evidence
6) Remember to Think for Yourself
7) Understand that NO ONE thinks Critically 100% of the Time