THE UNIVERSITY OF
SOUTHERN MISSISSIPPI

RESOURCES FOR STUDENTS: IMPROVING WELL-BEING

Community Counseling and Assessment Clinic
usm.edu/counseling-psychology-clinic
601-266-4601
Price: $2 students; $35-40 community
Provides counseling and psychological assessment to students, staff, faculty, and community adults on issues related to coping, adjustment (e.g., to college life), academic success, and major or career choices. They also provide services related to anxiety, depression, homesickness, grief and loss, relationship issues, adult ADHD, and other common challenges.

Psychology Clinic
usm.edu/psychology-clinic
601-266-4588
Price: $5 group/$10 individual
Helps people deal with anxiety, depression, and stress, but they also work with people facing other challenges. The Psychology Clinic screens contacts for various needs and refers them to appropriate providers as needed.

Student Counseling Services
usm.edu/student-counseling-services
601-266-4829
Contact: Deena Crawford at deena.crawford@usm.edu
Price: Free
Sees students on a short-term basis for counseling and provides assistance to walk-ins and students in crisis. Student Counseling Services provides care to students with a wide range of concerns, particularly those related to the development of strong coping skills and issues that interfere with academic achievement.

University Clinic for Family Therapy
usm.edu/child-development-family-sciences/university-clinic-family-therapy.php
Contact: 601.266.5475
Price: Sliding scale, $5 for students, $10 for faculty and staff
Provides individual, couple and family therapy to USM faculty, staff, students and to the community. They focus on communication and relationship issues, life transition concerns, anxiety, stress management and other general challenges that persons in relationships face.

Title IX Office
usm.edu/sexual-misconduct
Contact: Dr. Rebecca Malley at 601.266.6804 or rebecca.malley@usm.edu
The Title IX coordinator’s job is to investigate and respond to reports of harassment or discrimination based on sex, gender, gender identity, sexual orientation, or pregnancy and parenting status.

Collegiate Recovery Community
usm.edu/student-health-services/collegiate-recovery-community
Contact: Lisa Wright at 601.266.5340 or lisa.a.wright@usm.edu
Students in recovery from addictive disorders including alcohol, drug and eating disorders, can engage with and seek support from students fighting the same battles as well as have access to supportive faculty and staff members. The program is designed to assist with any struggles students may have in maintaining sobriety while being a successful college student.

Student Health Services
usm.edu/student-health-services
601-266-5390
Price: Varies by service; $20 provider fee
Provides medical care for the university community, including preventative care and treatment for illnesses and common mental health challenges faced by students, such as stress, depression, anxiety, eating disorders, and alcohol or drug problems. They are also home to the BASICS program, which helps college students prevent the negative consequences often associated with alcohol use.

Office for Disability Accommodations
usm.edu/disability-accommodations/index.php
Contact: 601.266.5024 or oda@usm.edu
ODA verifies students’ eligibility for accommodations under the Americans with Disabilities Act, and works with students, faculty, and staff to ensure that students with disabilities have full access and the encouragement to participate in all university activities.

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