Rattler Ramble Trail 5K Run/Hike

Saturday, October 6, 2018
at the Lake Thoreau Environmental Center

Time : 3:00 p.m. for the 5K, Fun Run/Scavenger Hunt after 5K

Course: A beautiful, scenic course around trails at the Lake Thoreau Environmental Center

Awards:

- Special awards will be presented to the Male and Female Overall Runner, Master and Grand Master Runner, Overall M/F Walker
- Age group awards to the first three Male and Female Finishers in 10 year age groups!
- T-Shirts (Long sleeve) are only guaranteed on race day to those registered before 10/03/18
- Pumpkin Chili for race participants!

Entry Fee

- Pre-registration postmarked by October 3, 2018
    - $22.00 General Public
    - $18.00 PBP Club and Friends of Lake Thoreau
    - $15.00 Southern Miss Students/Kids 12 and under/XC Members
- Add $3 for Day of Race registration ****
- Kids Run free with no shirt option

Net Proceeds to benefit The Lake Thoreau Environmental Center

Registration:

- Mail completed registration postmarked by October 3, 2018
  - **Attn: Mike Davis, Box 5018,**
    University of Southern Mississippi, Hattiesburg, MS 39406
  - Register race day at Lake Thoreau Environmental Center beginning at 2 p.m. Registration closes at 3:15
  - Additional information and this registration form will be made available on the event site usm.edu/thoreau
    or contact **Mike Davis 601 520-1038 or Audrey Jackson, Timer 601 297-1729**

DIVA Race & Timing Services

Registration
Rattler Ramble 5K Run/Hike

Name: _____ Age on Race Day:_____

Address: _____ Phone: (home) _____

City / State / Zip: _____ (cell) _____

Sex (circle one) Male Female Tee-shirt size (circle one) S M L XL

Event (circle one): 5K Run 5K Walk email address:_____

Checks should be made payable to The University of Southern Mississippi
Write "Rattler Rambler" in the memo line

Waiver for the Rattler Ramble

Assumption of Risk: Anyone who participates in Lake Thoreau Environmental Center activities will be doing so at his or her own risk. The Lake Thoreau Environmental Center (LTEC) and The University of Southern Mississippi (USM) are not liable for any accident, injury, loss, or damage to personal property suffered by a participant while in facilities managed by LTEC/USM or participating in any LTEC/USM activity. LTEC and the university do not carry any insurance program to cover participants. Participation in LTEC/USM activities is on a voluntary basis. All participants are strongly encouraged to undergo a health evaluation and consult with their personal physicians indicating fitness level appropriateness for strenuous activity prior to participating in any LTEC/USM activity.

I have read the above and understand the risks involved. By signing this waiver/release form, I am relinquishing The Lake Thoreau Environmental Center and The University of Southern Mississippi from any liability thereof.

Signature: _____Date: ____/_____/_____
(Parent if under 18 years of age)