

Pine Grove Behavioral Health & Addiction Services



Pine Grove is known as one of the nation's most comprehensive treatment campuses. Since 1984, Pine Grove has specialized in behavioral health care and addiction treatment services.

Pine Grove includes three inpatient units: Psychiatric Intensive Care Unit

Adult Psychiatric and Dual Diagnosis Unit with detox capabilities

This program offers a variety of behavioral health services for assessing, coping, and treating:

Psychosis
Schizophrenia

Depression
Bipolar disorder

Anxiety disorders
Personality disorders

Adult Psychiatric Partial Hospitalization Program (PHP)

This program consists of group therapy as the primary treatment intervention for a variety of psychiatric conditions with a treatment team including a nurse, clinical therapists, expressive therapists, and psychologists. In addition, the program includes medication management and a psychiatric evaluation by the attending psychiatrist.

Child & Adolescent Unit

Sometimes young people need a little help to grow up straight and strong. The Pine Grove Child and Adolescent Unit is a state-of-the-art 30 bed facility that offers inpatient treatment for children and adolescents with psychiatric and substance abuse issues. The program also offers classroom support on site to assist with the continuity of studies needed from the patient's school.

Pine Grove's Outpatient Services:

Pine Grove provides Outpatient Services for children, adolescents and adults. These services include assessment, medication management, individual and group therapy. Pine Grove also provides Autism Services and Educational Consultation for school districts.

Specialized Treatment for Mental Health Conditions Related to Pregnancy

Pine Grove features a specially designed program to help women with their unique mental health care needs as they prepare to grow their family, during pregnancy, and following the birth of their child. It includes individual evaluations by one of Pine Grove's specially trained Psychiatrists, and group therapy provided by Pine Grove's licensed professionals.

Medication Assisted Treatment Program

Pine Grove provides Medication Assisted Treatment for patients with opioid addiction and other substance abuse disorders. The program includes individual evaluations and medication management under the direction of one of Pine Grove's board certified Psychiatrists, who is fellowship trained in Addiction Psychiatry. Additionally, the program includes weekly group therapy sessions that are facilitated by a licensed Clinical Psychologist.

Technology Addiction Group

This Pine Grove service is a weekly Outpatient treatment group for adolescents ages 13-17 who struggle with an excessive use of technology including video games, computers, and smart phones, that is negatively impacting their life and relationships. This service is facilitated by a Clinical Psychologist in collaboration with a Psychiatric Mental Health Nurse Practitioner.

TMS, Transcranial Magnetic Stimulation

TMS is a non-invasive treatment that stimulates nerve cells in the brain and can improve symptoms of major depression. Pine Grove is one of the few providers in Mississippi with this advanced and cutting edge technology to treat depression.

Pine Grove's Evaluation Center:

Pine Grove offers evaluation services for professionals, licensing boards, professional health programs, the community and families. We have the ability to individualize each assessment based on the client's need.

Addiction Evaluation

This evaluation encourages individuals to explore the disease of addiction in one's life and assists in developing an understanding of the dynamics that underlie the addiction and suggest possible solutions for healing.

Adult Attention-Deficit / Hyperactivity Disorder (ADHD) Evaluations

The comprehensive ADHD evaluation aims to rule-out other potential causes of educational, vocational or personal impairments resulting from concentration or focus difficulties, impulsivity, emotional changes as well as deficits in executive functioning and memory.

Comprehensive Evaluation

This evaluation assesses disruptive behavior in the workplace, personality disorders, addictive disorders, trauma, mood disorders, improper prescribing practices and violations of professional ethics.

Comprehensive Cognitive Evaluation

This evaluation takes place over the course of three to four days on a residential unit. This evaluation is designed to evaluate cognitive functioning as well as assess for a wide array of other potential concerns including: substance and alcohol use disorders, disruptive behavior, psychiatric disorders, personality disorders, trauma, and eating disorders.

Neuropsychological Evaluation

A neuropsychological evaluation is a comprehensive assessment of brain-mediated cognitive functions. The data from a neuropsychological evaluation is used to assess an individual's current level of cognitive functioning.

Psychosexual Evaluation

Individuals appropriate for this evaluation are suspected of sexual boundary problems or sexual compulsivity/addiction or who have come to the attention of a licensing body because of legal problems related to a boundary or sexual offense.

Located in Hattiesburg, Mississippi, Pine Grove is an extension of Forrest General Hospital, a non-profit, 512-bed regional medical center offering specialties found at most major medical facilities.

Pine Grove is committed to providing the highest quality and cost effective health care services. Please contact **1-888-574-HOPE** for all pricing information and visit www.pinegrovetreatment.com.



Pine Grove
Forrest Health®

Pine Grove's Specialty Treatment Programs

Pine Grove Behavioral Health & Addiction Services' world renowned treatment programs focus on treating gender specific chemical addiction including a specialized track for co-occurring eating disorders. Additionally, Pine Grove offers a focused substance abuse healing program for adults age 55 plus. Other Pine Grove specialty programs include a dedicated professional's treatment curriculum, and a program for patients with sexual and intimacy disorder issues.

Pine Grove's Next Step, Women's Center, Gratitude and Legacy programs include residential level addiction treatment as well as a step down partial hospitalization program for patients based on the clinical decisions of the treatment team. An Intensive Outpatient Program (IOP) is also offered for men and women for the treatment of substance use disorders and compulsive sexual behavior. Our Professional Enhancement Program is a partial hospitalization program. These programs include varying lengths of stay based on the recommendations of Pine Grove's treatment team.

Legacy

Substance use disorder treatment for men and women age 55 plus.

Next Step Men's Program

Gender specific chemical addiction treatment for men.

Professional Enhancement Program (PEP)

Designed for individuals with difficulties engaging both personally and professionally at their highest potential due to interpersonal difficulties, addictions and co-occurring disorders.

Women's Center

A treatment program for women who struggle with chemical dependency. Additionally, the program provides treatment for co-occurring eating disorders and compulsive sexual behavior.

Gratitude

Gender focused treatment for sexual addiction, sexual anorexia and relationship compulsivity in men.

Intensive Outpatient Program (IOP)

Pine Grove includes a 10 week Intensive Outpatient Program for men and women. This program offers a lower level-of-care for the primary treatment of substance abuse disorders and compulsive sexual behaviors. Participation in the IOP program is based on an individual's need for a less restrictive environment where medical assisted detox and residential treatment are not indicated. Day and evening programs are offered.

Intensive Workshops

Pine Grove offers a variety of Intensive Workshops that take participants on a positive and reflective journey of self-discovery. These workshops help people learn the root causes of destructive behaviors and teaches them the tools to make productive decisions. All Intensive Workshops are facilitated by licensed and certified professionals, who have demonstrated proven leadership in their respective fields of expertise.

Breaking Free: Help For Difficult Relationships

Breaking Free is a five-day workshop designed to help individuals discover why they repeat the same relationship patterns, empower them to tackle challenging family situations, and release themselves from addictive relationships. Breaking Free provides the tools to attain a positive, fulfilling life.

Christian Personal Freedom

Christian Personal Freedom is a five-day intensive workshop that incorporates biblical truths, helps people identify negative patterns, and find freedom from self-defeating behaviors holding them back from living the life they desire.

Formal Disclosure Workshop

This workshop serves the needs of couples that have experienced sexual betrayal.

Pine Grove's Family Program

This program provides a safe and compassionate environment for our patients and their families. At Pine Grove, we know the whole family is impacted by addiction. A portion of the patient's treatment at Pine Grove is dedicated to intensive family therapy and education. Our mission is to ensure loved ones benefit from the family process just as much as the patients. By encouraging growth and change through insight and application, we initiate the healing process within individuals and establish a foundation for healthier, more authentic relationships.

Pine Grove's Alumni Program

The mission of Pine Grove's Alumni Program is to be a continual source of recovery support for our graduate patients and their families. We offer a patient alumni group and a family alumni group. One of Pine Grove's Alumni Program benefits is an event called Days of Hope where former patients and their family members have the opportunity to return to Pine Grove's campus several times a year to reconnect with their treatment team and peers. Pine Grove is dedicated to serving our patients and their family members long after the treatment process has ended.

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