BIENNIAL REVIEW OF THE UNIVERSITY OF SOUTHERN MISSISSIPPI'S ALCOHOL AND OTHER DRUG PROGRAMS 2018-20





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In accordance with the requirement of the Drug-Free Schools and Communities Act of 1989, institutions must publish a biennial review containing information on campus alcohol and drug policies, programs, and standards related to its institution.

OVERVIEW

The Drug-Free Schools and Campuses regulations of the Drug-Free Schools and Communities Act requires all institutions of higher education to provide evidence that the institutions have developed policies, programs, and sanctions related to the use of alcohol and other drugs (AOD).

CONSEQUENCES

If an institution of higher education fails to submit the necessary certification when requested to do so or violates its certification, the Secretary of Education may terminate all forms of financial assistance.

OBJECTIVES OF THE REVIEW

The law requires that the institution conduct a biennial review of its programs with the following objectives:

- Determine the effectiveness of, and to implement any needed changes to, the AOD prevention program and
- Ensure that the sanctions developed are enforced consistently

PURPOSE

The University of Southern Mississippi is committed to maintaining an alcohol- and drug-free community that provides

STATEMENT OF ALCOHOL AND OTHER DRUG PROGRAM GOALS

The University of Southern Mississippi values engagement that fosters personal growth, professional development, and a lifelong commitment to wellness. At Southern Miss, many directives and programs are in place to foster healthy lifestyle choices, including those focused on AOD. Goals related to AOD programming include the following:

- Adopting policies that reflect national recommendations
- Educating the campus community on AOD health risks and university policies
- Reducing problematic behaviors through
 - the consistent enforcement of policies regarding underage drinking and illicit drug use,
- encouraging harm reduction behaviors in those at risk, and
- identifying and assisting those at risk through referral services
- Creating environments that include alcohol-free events and options
- Supporting students in recovery from substance abuse

GOAL ONE: ADOPTING POLICIES

Alcohol and Drug Policy

Consistent with state and federal law, the university will maintain a workplace and educational environment free from the unlawful manufacture, distribution, dispensation, possession, or use of any controlled substance and/or alcohol. This policy is implemented in compliance with the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989. The purpose of this statement is to establish policy for all employees, students, and visitors of The University of Southern Mississippi concerning manufacture, sale, possession, distribution, students, faculty and staff a safe environment which supports the highest levels of learning. The use of alcohol and other illegal drugs can lead to high-risk behaviors that impact not only the individual, but also the community as a whole. The purpose of this document is to provide a review and summation of programs and activities related to AOD prevention on the USM campuses during the 2018-19 and 2019-20 academic years.

INFORMATION REVIEWED

The following information was examined for the 2018-20 biennial review:

- University policies related to drug and alcohol use on campus and the sanctions imposed for failure to comply
- · Prevention initiatives that were offered during the review period
- AOD incidents reported in Maxient, the public safety incident reporting software for colleges and universities, and to the University Police Department
- · Future recommendations from various campus stakeholders

COVID-19 IMPACT

In March 2020, the COVID-19 pandemic began. The University of Southern Mississippi closed all physical locations, and all classes and activities were conducted online.

or use of alcohol or illegal drugs during working hours; during class attendance; in a manner while off duty that impairs on-duty work performance; or in a manner while in attendance at an official university function or at an authorized university site that adversely affects the performance of the employee or student or may adversely affect the health or safety of any other person.

The university's Alcohol and Drug Policy was revised in 2017 to include an amnesty policy. The policy states that in the event of alcohol intoxication, alcohol-related injury or drug overdose, medical attention should be sought, and neither the impaired student nor the student providing assistance will face disciplinary action for the possession, use, or provision of alcohol or the possession or use of other drugs. In order to be granted amnesty, the student must complete a mandatory follow-up coordinated by the Office of the Dean of Students. Amnesty will not be granted if a student is belligerent toward emergency responders. The full AOD policy, which includes information regarding violations, controlled substance and alcohol testing, and amnesty is available at this <u>link</u>. The policy will be reviewed in July 2021.

Athletics

The University of Southern Mississippi's Department of Intercollegiate Athletics has developed and implemented a Drug Testing and Intervention Program, referred to as "The Program," for its student-athletes to promote their physical and mental well-being. "The Program" is designed to develop and maintain an environment that encourages student-athletes to avoid the use of unauthorized controlled substances, performance-enhancing drugs, alcohol, tobacco, and unapproved dietary supplements. Because of the serious nature of substance abuse, "The Program" also includes significant sanctions and penalties that serve as a deterrent to drug use. The University of Southern Mississippi works in conjunction with the National Collegiate Athletic Association (NCAA) in its Drug Testing Programs, both on-campus and during its post-season championship events. While the NCAA's Drug Testing Programs and The University of Southern Mississippi's Program are separate and distinct programs from one another, all Southern Miss student-athletes are subject to the rules and regulations of both. Student-athletes who participate in intercollegiate sports are subject to drug and alcohol testing under NCAA regulations. They will also be subject to the drug testing program developed by the university's Department of Intercollegiate Athletics as set forth in the Department of Intercollegiate Athletics Drug Testing and Intervention Program. Finally, student-athletes are referred for a mandatory assessment by the university's Student Counseling Services, if deemed necessary by the Drug Testing Committee. An action plan is created for each student-athlete based on the recommendations from the Student Counseling Services and Sports Medicine. The full description of "The Program" is available at this link.

The Code of Student Conduct

The Code of Student Conduct (CSC) has been established to foster and protect the core missions of The University of Southern Mississippi, to foster the scholarly and civic development of the university's students in a safe and secure learning environment, and to protect the people, properties, and processes that support the university and its missions. The CSC applies to the on-campus conduct of all students and registered student organizations, including conduct using university computing or network resources. The CSC also applies to the off-campus conduct of students and registered student organizations. The CSC explicitly prohibits conduct relating to AOD and assigns responsibility for investigating violations to UPD and/or other appropriate law enforcement agencies, as well as the Dean of Students and/or other designated university personnel. Sanctions are applied commensurate with the violation and take into account any mitigating circumstances and any aggravating factors. Sanctions may include any of the following: informal admonition, formal reprimand, probation, restitution, campus or community service, educational restorative justice, suspension, and expulsion. The full CSC document is available at this link.

GOAL TWO: EDUCATING THE CAMPUS COMMUNITY

Annual Notification

The Annual Notification is a requirement mandating that the institution provide specific information regarding AOD to each employee and student in writing each year. The Annual Notification must include the following:

- · Standards of conduct
- Disciplinary sanctions for violations of the standards of conduct
- Possible legal sanctions and penalties
- Statements of the health risks associated with AOD abuse and
- Programs available to students and employees

The Annual Notification is sent via the USM Mailout every fall, spring, and summer semester. The USM Mailout is distributed by email to all faculty, staff and students weekly. The Annual Notification was not sent out through the USM Mailout in the spring and summer of 2020 due to the COVID-19 pandemic when the Mailout was temporarily suspended. The Annual Notification is also permanently posted on Moffitt Health Center's website, which is available at this <u>link</u>.

Athletics

Southern Miss Athletics strives to promote and protect the safety, health, and well-being of each and every student-athlete. At the beginning of each academic year during each sport's team meeting, athletic trainers educate student-athletes on impermissible drug use in compliance with the NCAA and departmental policies and regulations. Throughout the year, sports medicine will provide supplemental educational information as needed relative to the types of problems associated with AOD use. Athletics did not facilitate any alcohol and drug training independently during 2018-19 and 2019-20, but instead relied on the training being offered relative to alcohol and drugs as part of the Title IX training. See the description of Title IX training on page 3 for additional information.

Department of Housing and Residence Life

The mission of the Department of Housing and Residence Life is to provide a high-quality physical, social, and cultural environment that encourages and supports the holistic development of the residential student. The resident assistant (RA) programming model includes a health and wellness component that requires RAs to host AOD awareness programs. AOD programs for the 2018-19 academic year included 35 active programs with a total of 591 students present (an average of 16.9 students at each program) and 92 passive programs with information either posted on bulletin boards, hung on doors, or handed out to residents. During the 2019-20 academic year, the programming model changed to all programs being deemed as connection efforts/community builders and were delivered in the form of socials and passive programs by the spring of 2020. The 2019-20 year included 19 active programs with a total of 298 students present (an average of 15.3 students at each program) and 28 passive programs. There were also fewer programs in the 2019-20 academic year due to the COVID-19 pandemic. Detailed information on specific programs is available in Appendix A.

Faculty and Staff Training

During this time frame, the institution did not have an online training learning management system available for offering compliance courses so the courses were provided in Office 365 PowerPoints that were emailed to all staff for completion from January through June of 2019.

For 2019-20, USM initiated the first online course for staff members. Of 2,500 staff, 407 completed the course (which represents a higher completion rate than all other compliance courses assigned for completion during this period). This represents a 16.3% completion rate. This does not include those individuals from the Physical Plant department who received in-person training.

Gulf Park Campus

The Gulf Park campus is primarily a commuter campus. Staff in Student Affairs and UPD did not host any programming specifically related to AOD awareness during this time frame. UPD had brochures available regarding substance use. The Campus Action Referral and Evaluation System (CARES) team often refers individuals to the full-time campus mental health professional who is available to work with students who are in recovery or have questions about substance use treatment.

Office of Fraternity and Sorority Life

The Office of Fraternity and Sorority Life works through USMspecific social event management programming and in support of each organization's national mandates for education on risk management, social event management, and social health-related issues. This encompasses, but is not limited to, alcohol-related risk, risk surrounding illicit drugs, sexual health, and others.

Each fall semester, all new members are required to attend an hourlong orientation, which provides general information about the university's alcohol policy, hazing, and general code of conduct. In the fall of 2018, 500 students attended, and in the fall of 2019, 450 students attended. In the spring of 2019, all members attended an alcohol and drug education risk management training. The program was one hour in duration and had 1,000 attendees.

Office of Health Promotion at Moffitt Health Center

The Office of Health Promotion is a team of health educators, graduate assistants, and peer health educators called the Wellness Ambassadors. The Wellness Ambassadors provide programs and resources to help encourage the campus community to make healthy lifestyle choices. During the 2018-20 academic years, the Wellness Ambassadors conducted outreach aimed at increasing awareness of the risks of using AOD. Outreach efforts included tabling to promote harm reduction strategies, programs in residence halls, and collaborations with other student organizations. Harm reduction activities included using drunk goggles to simulate various BACs and a pour station to help students better understand standard drink sizes. Larger-scale outreach events included participating in Mental Health Week and the A.L.I.V.E. Mental Health Fair, and hosting a SAMHSA Town Hall Meeting to Prevent Underage Drinking. In 2018-19, 21 hours of outreach were conducted specific to AOD, and in 2019-20, 4.5 hours of outreach were conducted specific to AOD. The spring 2020 semester ended early due to the COVID-19 pandemic, which limited opportunities for outreach.

In the fall of 2019, the Office of Health Promotion sent a survey regarding AOD to all students enrolled in the UNV 100 course, and 399 freshman and transfer students completed the questionnaire. When asked about how they had received AOD education while at USM, the majority indicated it was through an online training/ module (38.8%), followed by a presentation (23.1%). Other reported sources of AOD education included an academic course (16.8%), a Housing and Residence Life program (15.5%), a Fraternity and Sorority Life program (8.3%), and tabling (6.3%).

Title IX

The Title IX Office hosted presentations to student groups regarding the impact of alcohol and drug use on incapacitation in sexual encounters to 2,600 students in academic year 2018-19 and 2,970 students in 2019-20. These presentations were made to student organizations in person during 2018-19, and both in person and virtually in 2019-20. Included in these numbers were presentations by guest speakers with expertise in legal aspects of incapacitation based on alcohol or drug use in sexual situations, which included 348 student-athletes in 2018 and 363 student-athletes in 2019.

Discussion of alcohol and drug use as it impacts incapacitation focused on the necessity to recognize signs of incapacitation. Signs of incapacitation were described and discussed in detail. Additionally, the Title IX office facilitators stressed the importance of understanding that incapacitation from alcohol or drug use means that consent for engaging in sexual activity cannot be given by the incapacitated person, and thus to engage in sexual activity is considered sexual assault.

UNV 100 AOD Module

All incoming students are required to take the one-credit hour UNV 100 course, which provides students with important information that will help them learn about campus resources and help them adjust to life as a student. One of the weekly modules for the course addresses AOD and includes information on the health effects and consequences of AOD use. Completion rates by each semester are listed in Table 1 below.

Table 1. Students Completing the UNV 100 AOD Module by Semester

	# STUDENTS ENROLLED	% COMPLETING AOD MODULE
Fall 2018	3,081	93
Spring 2019	335	90
Fall 2019	2,779	95
Spring 2020	288	97

University Police Department

The UPD facilitates educational programs, activities, and crime prevention events focused on AOD awareness, personal and property safety, sexual assault prevention, fire safety, and other requested topics throughout the campuses and residence halls during the academic year. "Drugs, Alcohol and the Law" is a program meant to address how various state laws apply to the campus community. As part of the course, officers also discuss the dangers of certain types of drugs, and visual aids are used during this program to educate students on how to identify certain drugs based on their appearance. In 2018-20, UPD facilitated 20 programs in collaboration with the Departments of Housing and Residence Life and Fraternity and Sorority Life.

GOAL THREE: REDUCING PROBLEMATIC BEHAVIORS

Reporting an Incident

All students, faculty, and staff are encouraged to report incidents of AOD abuse. To report a potential incident regarding a violation of laws of the State of Mississippi and/or USM policy, please contact one of the following non-emergency numbers:

- Hattiesburg Campus
 - Dean of Students Office: 601.266.6028
 - University Human Resources: 601.266.4050
 - University Police Department: 601.266.4986
- Gulf Park Campus
 - Student Affairs: 228.214.3341
 - o University Human Resources: 228.865.4581
 - o University Police Department: 601.266.4986

When calling, please provide as much information as possible about the person being reported, location, time, and date. Concerns or incidents involving a student may also be reported using the CARES system, which is then sent to a team of campus professionals that will respond to reports of concern regarding academic progress and well-being of students. To report a concern, please complete an online report using this <u>link</u>.

Incidents

Brief Alcohol Screening and Intervention for College Students/ Eagle Check-Up

In January 2018, Moffitt Health Center partnered with the School of Psychology to offer the Brief Alcohol Screening and Intervention for College Students (BASICS) program. In January 2019, the program was revised to include an additional session to address marijuana use, and the program was renamed Eagle Check-up (ECU). The number of students completing the program by the referral source is listed below in Table 2.

Table 2. Students Completing BASICS/ECU by Referral Source and Academic Year

	2018-19	2019-20
Department of Housing and Residence Life	14	19
Dean of Students	12	16
Other	8	12

During both academic years, the demographic distribution of students was similar, with the majority of students being white, female, and freshman. Of those mandated to complete the program in 2018-19, 71% involved a violation related to alcohol use, and 29% involved a marijuana-related violation. Students were largely satisfied with the program and would recommend the program to a peer. During 2019-20, students reported similar levels of satisfaction, but also reported decreased alcohol use and negative consequences associated with alcohol use, while increasing the use of protective behavioral strategies when drinking at a one-month follow-up. An additional 16 students were referred in the spring of 2020 but were unable to complete the program due to the COVID-19 pandemic.

Maxient. Maxient, which USM uses to manage student conduct issues addressed by the Department of Housing and Residence Life and the Dean of Students Office, was utilized to tabulate charges and sanctions relating to AOD offenses issued for each academic year. Frequencies are listed in Tables 3 and 4 below.

Table 3: AOD-related Charges by Frequency

CHARGE	2018-19	2019-20
Appears to be under the influence of drugs or alcohol	1	31
Letter W – Alcohol violations	33	2
Letter U – Drug violations	49	2
Housing/Res. Life – Alcohol over 21	6	2
Housing/Res. Life – Alcohol under 21	24	54
Housing/Res. Life – Drug paraphernalia	8	1
Housing/Res. Life – Drug policy	17	8

Table 4: Frequency of Sanctions for AOD-rela	ated Misconduct
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SANCTION	2018-19	2019-20
Warning	9	12
Paper/Sign/Flyer	23	0
Create a Program	2	0
Judicial Educator	59	37
Apology Letter	0	3
Alcohol/Drug Class	13	14
Substance Abuse Assessment	12	14
Referred to Student Counseling Services	5	0
Housing Probation	16	4
Disciplinary Probation	67	31

Offenses Reported to University Police Department

The number of offenses related to AOD that were reported to UPD, including on the Hattiesburg and Gulf Park campuses and other locations, for 2018 and 2019 are listed in Table 5.

Table 5: AOD-related Citations Issued by University Police Department

	2018-19	2019-20
Liquor law arrests	1	4
Drug law arrests	12	15
Liquor law violations referred for disciplinary action	7	9
Drug law violations referred for disciplinary action	48	17
DUI	3	1

GOAL FOUR: CREATING AOD-FREE ENVIRONMENTS

Campus Recreation

The mission of Southern Miss Campus Recreation is to provide quality and comprehensive programs, services, and facilities that enhance recreation and wellness for the university community while supporting the educational mission of the university through student learning and development.

Campus Recreation provides a diverse offering of programs and services for Southern Miss students, faculty, staff, and REC Center members, including a comprehensive workout zone, group exercise classes, an indoor rock-climbing wall, a natatorium, outdoor adventure trips and clinics, personal training, intramural sports, and club sports.

Collegiate Recovery Community

The Collegiate Recovery Community (CRC) hosted sober tailgates each fall and provided an alcohol- and drug-free environment for students to come together and enjoy football.

Eagle's Nest Food Pantry

The Eagle's Nest Food Pantry provides on-campus resources for Southern Miss students and staff who are temporarily experiencing challenges accessing basic necessities, including food. The pantry also provides information and handouts for campus and community resources regarding AOD.

Southern Miss Activities Council

The Southern Miss Activities Council (SMAC) is a student-run, student-funded organization that focuses on offering a variety of educational and entertaining programs to complement the Southern Miss academic experience, while bringing programs to educate and enlighten the student body. Events offered include concerts, movies, speakers, novelty acts, and many more events, which are open to all students free of charge; SMAC interacted with anywhere from 100 to 1,400 students at their events. In February 2019, SMAC hosted the Save a Life Tour: Drunk Driving Simulator and partnered with Moffitt Health Center to present information about alcohol; 138 students attended the event.

GOAL FIVE: SUPPORTING STUDENTS IN RECOVERY

The CRC is a program for students recovering from addictive disorders. The program is designed to assist them with any struggles they may have in maintaining sobriety while being a successful college student. The CRC is able to provide emotional, academic, social, and recovery support based on a comprehensive assessment and the development of an individualized recovery support plan. In 2019-20, five new members were added, for a total of eight members.

SUMMARY

Strengths

Strengths that were identified by various campus entities included the following:

- UNV completion rates have continued to increase, thereby indicating that freshmen and transfer students are completing AOD training shortly after beginning their first semester on campus.
- Increasing levels of collaboration between departments/entities aimed at intentionally addressing AOD through various programming efforts
- Using an empirically supported intervention program (BASICS) to address high-risk drinking behaviors in college students; the development and implementation of a session related to marijuana use to the BASICS program

Weaknesses

Weaknesses that were identified by various campus entities included the following:

- Missed opportunities for collaboration on larger scale programs
- The COVID-19 pandemic limited opportunities for programming in the spring of 2020, as all operations unexpectedly went remote at USM.
- Lack of adequate levels of funding necessary for education, events, activities, and trainings addressing issues related to substance use and abuse
- Faculty involvement remains low in terms of integrating AOD as part of the curriculum and/or encouraging students to participate in AOD programming, including, but not limited, to providing points for attendance at such events
- No follow-up courses for students once they are no longer freshmen or transfer students

CONCLUSION

The University of Southern Mississippi continues to refine their alcohol and drug programming to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by both students and employees. As illustrated by the data, we continue to make positive strides in terms of level of education, as well as consistency of programming efforts as we identify additional opportunities to inform our campus community about how to adopt healthier lifestyles. Our institution remains committed to becoming a substance-free environment and furthers those aims through the efforts detailed herein.



The following recommendations are made:

- · Continue to explore means of increasing levels of collaboration.
- · Gather additional data to evaluate efforts.
- Determine the most effective means for delivering AOD programming virtually.
- USM is in the process of implementing an Alcohol and Drug course for fall 2021 that will be required of both employees and students.
- Examine how to obtain support for expanded (annual) alcohol and drug training for all students regardless of academic standing.
- Initiate a biennial UNV Alcohol and Drug Climate Survey.
- Continue partnership with Moffitt Health Center and the School of Psychology to offer ECU and CRC.
- Determine if there are opportunities to obtain grants to support further education and outreach related to AOD.
- Encourage other groups/departments within the institution to use remote technology to provide AOD programming due to the ongoing pandemic.
- Identify opportunities to reach out to instructors relative to encouraging students to participate in AOD programming as part of a day of classes or for extra credit.
- Athletics will be collaborating with other campus departments in applying for a NCAA CHOICES grant, which provides funding for NCAA member institutions and conferences to integrate athletics into campus-wide efforts to reduce alcohol abuse.

DEPARTMENT OF HOUSING AND RESIDENCE LIFE AOD PROGRAMS

2018-19 Department of Housing and Residence Life AOD Programs

2018-19 Department of Housing and Residence Life AOD Programs					
Title	Location	Date	# of Residents	How did this program meet the selected learning objective(s)?	
100 Proof Spoof	Hillcrest Hall	Mar 20, 2019	10	We invited a speaker from the Moffitt Health Center, and they spoke on the topic of proper alcohol and drug usage and risks.	
Addiction and You	Century Park North #3	Mar 28, 2019	15	This program met these learning objectives by giving residents information on alcohol.	
Alcohol	Century Park North #3	Sep 19, 2018	15	Residents were informed about the hazards and effects of alcohol. They gained knowledge about the effects of alcohol both internally and externally.	
Alcohol Awareness	Century Park North #3	Feb 13, 2019	15	Our program met the objective by drawing awareness by stating the effects of alcohol.	
Alcohol True and False	Village Complex	Oct 03, 2018	26	The program met this objective by educating residents on the truth about alcohol effects.	
Al-Kahoot	Wilber Hall	Apr 11, 2019	25	Al-Kahoot was an alcohol program where residents gained knowledge about the effects of alcohol on the body and mind.	
BAC to the Basics	Century Park South-Vann	Feb 22, 2019	12	The residents learned about what exactly consuming alcohol can do to the human body. They also learned about different ways to prevent drinks from being drugged and how to watch for signs.	
Be a Thinker, Not a Drinker	McCarty Hall	Sep 27, 2018	13	This program met the selected meeting objectives by educating the residents on residence hall policy and how to drink responsibly if you are 21 and older.	
Don't Drink and Kart	Century Park South-Vann	Sep 17, 2018	15	This program provided a first-hand look on how drinking can affect one's ability to drive. The residents were informed of the no alcohol policy and about the Moffitt Health Center's BASICS program.	
Don't Let Spring Break Break You	Hattiesburg Hall	Feb 22, 2019	7	Objective was met by providing information on people that could help them on and off campus on their personal handout, and also by explaining the effects of alcohol on the body. The residents and I also spent a lot of time fact-checking information.	
Don't Be Foolish When It Comes to Alcohol	Century Park North #1	Oct 04, 2018	12	We created a PowerPoint with helpful information and interesting facts and statistics to inform our residents about the effects of alcohol and what to do and not to do if you have had a few drinks.	
Don't Forget to Think Before You Drink	Century Park South-Vann	Oct 18, 2018	11	This program gave the residents knowledge about safe drinking and how alcohol can affect the mind and body through fun activities, such as a trivia game about alcohol and Pictionary: drunk goggles edition.	
Drink, Drank, Drunk	Wilber Hall	Sep 19, 2018	16	Residents learned the outcome of what unsafe or underaged drinking can do to the body and the potential consequences.	
Drunk, Driving and Dancing	Century Park North #4	Sep 26, 2018	22	We rented the drunk goggles from UPD and explained to the residents the affects that they would have on the body and how it is similar to being drunk.	
DUI Mario Kart	Century Park South-Scott	Nov 13, 2018	15	We discussed the effects of alcohol and statistics of the effects on college students. We then had the students put on the drunk goggles and play Mario Kart, try to walk in a straight line, and play catch to try to simulate what it is like to be under the influence.	
Fright Night	Century Park North #1	Oct 24, 2018	22	The program met this objective by informing the residents of the importance of safety with alcohol. For example, never leave your drink unattended.	
Greek Life and Alcohol	Century Park North #3	Sep 20, 2018	8	This program not only included information concerning the effects of alcohol, but also included information about the university's alcohol policy and campus resources to help with the effects of substance use and abuse.	
Hoppin' Into Success	Century Park North #3	Apr 16, 2019	9	The program met the selected objectives because the information covered/questions asked gave the residents vital information about how alcoholism affects college students, in particular, and how they can make choices on USM's campus to be successful students.	

(continued on previous page)

2018-19 Department of Housing and Residence Life AOD Programs						
Title	Location	Date	# of Residents	How did this program meet the selected learning objective(s)?		
Mario Kart: Double Crash	Century Park North #1	Nov 14, 2018	23	This program helped residents gain knowledge about alcohol awareness. Through the course of the game, we explained the consequence of drunk driving and how it is a safer and healthier choice to not drive drunk and have a designated driver.		
Only Punks Get Drunk	Century Park North #3	Apr 25, 2019	8	Residents discussed alcohol safety regarding themselves and others on campus. They were able to share ideas and have a productive talk.		
Play It Safe	Century Park North #1	Apr 25, 2019	17	This program was meant to target specific situations that involve alcohol that residents may encounter while being in college.		
Pop the Question	Century Park North #3	Feb 27, 2019	22	The purpose of this program was to provide fact-based questions for the residents to read and answer. It was great to see that many of the alcohol-based questions that were popped from the balloon were difficult enough for the residents to think! I truly believe that they learned some new and valuable information.		
Red Solo Cup Don't Turn Me Up	Century Park North #3	Sep 28, 2018	14	The residents found out many ways of monitoring drinking habits, such as moderation while drinking, having a designated driver, or even calling someone to help them.		
Rethink Your Drink	Century Park South-Scott	Sep 12, 2018	20	This program met this learning objective by having our speaker inform the residents of the effects of alcohol on the body.		
Rethink Your Drink	Century Park South-Scott	Feb 25, 2019	11	The objectives for this program were reached through the use of personal stories from invited residents, use of statistics, and contact information for resources, such as UPD.		
Reverse Trick-or-Treating	Century Park South-Scott	Oct 31, 2018	6	The program taught residents about the dangers of underage drinking. The program was hosted on Halloween night to prevent drinking that night.		
Reverse Trick-or-Treating	Century Park North #4	Oct 29, 2018	102	This program met the learning objective because we informed the residents that we encountered with flyers and pamphlets on the topic of alcohol/drug abuse and underage drinking.		
Root Beer Pong	McCarty Hall	Nov 19, 2018	30	The program met the selected learning objectives by outlining the dangers of binge drinking.		
Scoring for Apples	Century Park South-Vann	Oct 19, 2018	15	This program was used to let the resident know the cause and effect that drinking alcohol could have on a person.		
Sip 'n Silk	Village Complex	Sep 26, 2018	11	This program allowed for residents to come and enjoy facts about alcohol over mocktails.		
Trick or Treat?	Century Park North #3	Oct 31, 2018	0	The passive program gave the residents information on how alcohol effects the body in large amounts.		
Trivia Night	Century Park North #2	Apr 24, 2019	10	We hosted a trivia night that consisted of questions that were geared toward Campus SAVE/alcohol safety in order to educate and remind residents about the importance of making wise decisions.		
Watch What You Drink	Wilber Hall	Feb 28, 2019	9	We gave a PowerPoint presentation with a simulation-based program on alcohol awareness. We poured "drinks" (aka Hawaiian Punch) and served them the drinks. Needless to say, they drank them, and we then unveiled our simulation and gave each of the participants real-world conclusions to having had a drink from a stranger.		
What's in Your Cup?	Century Park North #1	Apr 03, 2019	18	Our program helped residents gain knowledge about the effects of alcohol and/or other drugs to the body and mind and about issues of sexual assault by presenting a well-known topic in an original style.		
Your Brain on Alcohol	Mississippi Hall	Oct 26, 2018	7	This program met selected learning objectives pretty well using the lecture and talk to the students.		
		Total: 35 Programs	591 Students			

Title	Location	Date	# of Residents	How did this program meet the selected learning objective(s)?
Think Before You Drink	Wilber Hall	Sep 24, 2019	15	UPD spoke on safe consumption and the alcohol laws from public drunk to DUI. The residents participated in activities while wearing drunk goggles. The activities illustrated the effect on basic perceptions alcohol can have.
Self Defense with Friends	Century Park South- Luckyday	Sep 24, 2019	20	Captain Carter spoke on which situations and places we were more likely to be attacked. She told us how to recognize predators and when to run. She also taught some quick and easy self-defense techniques that did not require extensive knowledge or lessons.
Mocktail Party	Hattiesburg Hall	Sep 26, 2019	21	The activity taught the residents about alcohol safety, gave the residents alternatives for drinking alcohol, and consisted of an open discussion about alcohol safety.
Mocktail Party	Hattiesburg Hall	Sep 26, 2019	11	The activity taught the residents about alcohol safety, gave the residents alternatives for drinking alcohol, and consisted of an open discussion about alcohol safety.
Safe Drinking Isn't Safe	Century Park North #3	Sep 26, 2019	11	This program raised awareness to students about alcohol consumption and the after affects it has on the students.
Save Your Sweets	Century Park North #2	Sep 26, 2019	15	The program highlighted the resources residents have on campus. The information made residents more comfortable in reporting sexual assault
Let's Talk About Sex, Baby	Century Park North #2	Oct 01, 2019	12	The program taught residents about sexual assault awareness, consent, and the resources of the Title IX office on campus.
Cake, Condoms and Consent	Century Park North #1	Oct 10, 2019	7	The program informed residents about what safe sex and consent is and the various resources around campus, such as Title IX, Moffitt Health Center STD screenings, and the Student Counseling Services.
Floor Meeting/Boo-zy Mario Kart	Wilber Hall	Oct 14, 2019	9	The program raised awareness about the dangers of drunk driving.
Blame It on the Alcohol	Century Park South-Scott	Oct 15, 2019	19	The program brought awareness on the dangers of excessive consumption of alcohol and drugs and its negative effect.
STD Roulette	Century Park South-Vann	Oct 17, 2019	18	This program generated STD awareness among the residents. Residents were able to learn about the consequences of unprotected sex and the outcomes of some STDs.
Nugget and Nuggets	Century Park North #4	Oct 23, 2019	16	Program provided residents knowledge about domestic violence.
Sexual Assault Awareness and Consent	Century Park South-Vann	Oct 29, 2019	24	Program educated people on consent and what sexual assault is, debunked myths perpetuated by our society, helped people feel like the topic is less taboo for us to talk about, and promoted inclusivity of the issues that people of different genders and sexualities face.
Watch Your Boos	Century Park South-Scott	Oct 31, 2019	38	Program brought understanding about the importance of not drinking underage and to drink responsibly.
Domestic Violence: Love Shouldn't Hurt	Century Park North #4	Nov 07, 2019	8	This program brought awareness to domestic violence and educated the residents on domestic violence and how to report it.
A Little Party Never Killed Nobody	Century Park South-Vann	Nov 11, 2019	23	The program educated the residents on the effects of alcohol in terms of one's physical and mental health, as well as provided alternative ways to enjoy oneself in college without feeling the need to drink underage/be influenced by peer pressure. It also educated them on how to stay safe when drinking if they are over 21.
Only Yes Means Yes	Century Park North #2	Nov 13, 2019	10	Program educated residents about the importance of consent and raised the awareness about sexual assault in both males and females.
Not So "Drunk" Olympics	Century Park South-Scott	Nov 13, 2019	13	This program enlightened residents on the health problems that come with heavily consuming alcohol, how to safely drink, and how drinking in heavy amounts can impair your senses.
Blame It on the Alcohol	Century Park North #4	Nov 21, 2019	8	Program informed residents of the harms of underage drinking and educated them on the consequences of over drinking.
		Total: 19 Programs	298 Students	