

Critical Thinking for College Students

Critical Thinking:

- 1) Allows you to form your own opinions and engage with material beyond a superficial level. Essential to developing a good essay and having intellectual discussions with professors and peers.
 - 2) Allows you to generate worthy argument and support them.
 - 3) Helps you to evaluate your own work which in turn leads to better grades and better habits of mind.
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“Critical thinking is the intellectually, disciplined process of actively and skillfully conceptualizing, applying, analyzing, synthesizing, and/or evaluating information gathered from, or generated by, observation, experience, reflection, reasoning, or communication, as a guide to belief and action.”

-The Foundation for Critical Thinking

7 Ways to Think Critically

- 1) Ask Basic Questions
- 2) Question Basic Assumptions
- 3) Be Aware of Your Mental Processes
- 4) Try Reversing Things
- 5) Evaluate the Evidence
- 6) Remember to Think for Yourself
- 7) Understand that NO ONE thinks Critically 100% of the Time