

HUMAN ANATOMY AND PHYSIOLOGY JOURNALS CRITERIA

Each student enrolled in the BSC 250 or BSC 251 lab course is required to maintain a journal during the semester. If a student is enrolled in both BSC 250 and BSC 251 labs during the same semester, a different journal is required for each lab. The journal will count as 10% of your overall lab grade. The journal will be divided into 2 parts with 15 entries per part, each part will be graded separately and then totaled at the end. At the end of the semester all 30 entries must be turned in.

The following is a list of criteria expected in journal entries:

Each journal entry must discuss a topic that will be covered in the lab or lecture during that semester. In other words, BSC 250 students will write about topics covered in BSC 250 and BSC 251 students will write about topics covered in BSC 251.

Each journal entry must be at least one complete paragraph, with a thorough description about the topic. The student should relate information learned in lecture or lab to the topic. In other words, stating about you had a headache is not sufficient. If you describe what factors are related to the headache, this is acceptable.

Topics must be about events that occur outside of lecture or lab unless otherwise stated (see below). Students can not use definitions or concept questions from the text book for journal entries. Limit of 2 entries on the same subject and different discussions on same subject.

Periodically, special topics for journal writing will be assigned during the semester. The Teaching Assistant will explain the topic and what type of journal entry is expected for each. There will be a total of 4 specific journal entries during the semester.

The journals will be graded twice during the semester (with 15 total entries each time). No make-ups are allowed. The journal must be submitted by the due date or it will not be accepted.

For at least one journal entry, discuss how moral values affect decisions pertaining to development and or implementation of health care issues. This may involve many topics including stem cell research, pharmaceuticals, cloning, or sex education programs.

Your Teaching Assistant will inform you if your journal is to be typed or if hand written is ok.

The entire journal must be turned in at the end of the semester.

SAMPLE OF ACCEPTABLE JOURNAL ENTRIES

EXAMPLE 1

I am always doing something that relates to A&P. I am about the clumsiest person. The other morning, I was ironing my shirt for class because I didn't want to look like a total slob. I was ironing and my finger touched the iron as I tried to iron the collar of the shirt. My first response was to jerk back my hand. I had a spinal reflex. Spinal reflexes protect us each day from the harmful environment we live in. It is a way of protecting our bodies.

(Reflexes discussed in BSC 251)

EXAMPLE 2

Today I read an article about a little girl whose face was deformed by a bacteria that pretty much ate away her skin. She said it started off when she was a baby and looked more like a birthmark. But it continued to grow and spread now over half of her face has been affected because the doctors tried to remove portions of her skin to prevent the spread of the bacteria. I thought it was so sad and wonder functions if any does her skin in the affected portion of her face still perform. Our skin is a form of protection but is missing from half of her face! The bacteria destroyed to some of the deeper tissues and through to get rid of the bacteria and reconstruct her face, she has lost a great deal of the function of fascial muscles too.

(Skin discussed in BSC 250)

EXAMPLE 3

Sometimes I think it's funny to spook my friends out by waiting till its real quite and then popping the bones in my wrist and neck real loud. I worried that this means I will have bad arthritis when I am older but my sister who is in med school told me that the popping noise is due to air pockets in the joints and is not related to arthritis later in life. I'll just take her word for it.

(Joint discussed in BSC 250)